



GUIDELINES FOR PARTNER UNIVERSITIES AND INTERNATIONAL EXCHANGE STUDENTS

WELCOME TO THE UNIVERSITY OF TOURS, FRANCE!

The University of Tours is located in the lively and beautiful city of Tours (one hour from Paris), a city where history, culture, sports activities and a thriving business community ensure you will experience the best of French art de vivre. As Tours is surrounded by the Loire Valley – listed as a world heritage site by UNESCO – you will have the opportunities to discover beautiful countryside and gastronomical treasures.

Home to great writers such as Rabelais, Ronsard and Balzac, the Touraine area has a rich and ancient cultural heritage. From the Middle Ages to the Renaissance, various Kings and Queens of France encouraged artistic and intellectual creation, thus making the Loire Valley the cradle of French culture. Tours has also the reputation for being one of the towns in France where the purest and most unblemished French is spoken.

For further information regarding the University of Tours, watch our video on: <http://international.univ-tours.fr/a-european-university/>

GENERAL INFORMATION

Address

université de Tours (UT)

60, rue du Plat d'Étain – B.P. 12050
37020 Tours Cedex 1 – France

[MAPS](#)

Website

<http://www.univ-tours.fr/>

Faculties

UT has 7 teaching and research Faculties, offering more than 300 programs of study at the undergraduate and graduate levels, 2 Institutes of Technology (IUT), 1 Polytechnic Engineering School (EPU), as well as a University Centre of French as a Foreign Language (CUEFEE).

Research Centres

UT totals 35 research units, including 15 joint research units in partnership with the CNRS, the INSERM, the INRA and the CEA.

Languages of Instruction

French/English

INTERNATIONAL RELATIONS OFFICE

Address:

Direction des Relations Internationales

60, rue du Plat d'Étain – B.P. 12050
37020 Tours Cedex 1 – France

Phone:

+ 33(0)2 47 36 66 04

Fax :

+ 33(0)2 47 36 67 06

International Portal :

international.univ-tours.fr

E-mail :

international@univ-tours.fr

KEY STAFF

Director – International Relations Office Erasmus+ Coordinator	Sylvie Crochet (Ms.) - sylvie.crochet@univ-tours.fr
International Programs (Dual Degrees, Calls for proposal)	Graziella Beynet (Ms.) - graziella.beynet@univ-tours.fr
International Cooperation	Germain Rousseau (Mr.) - cooperation@univ-tours.fr
Incoming Exchange Students	Frédéric Soreau (Mr.) incoming.mobility@univ-tours.fr
Undergraduate Registration Process for Individual Students, Campus France Contact	Laura Tran (Ms.) - laura.tran@univ-tours.fr
International students Welcome Desk and Integration	Laura Tran (Ms.) - laura.tran@univ-tours.fr
Incoming Researchers EURAXESS Service Centre	Oriane Mousset (Ms.) – Germain Rousseau (Mr.) mobilitycentre@univ-tours.fr
Outgoing Exchange Students Erasmus+ Staff and Agreements	Claire Durand (Ms.) - erasmus@univ-tours.fr Solène Loiseau (Ms.) - solene.loiseau@univ-tours.fr
Outgoing Exchange Students - Outside Europe	Benjamin Depauw (Mr.) - mobsortante@univ-tours.fr
French Culture and Language Supports Program	Aurore Leroy (Ms.) - aurore.leroy@univ-tours.fr
Reception, Communication, Assistance on transversal actions	Eun Jin Lee (Ms.) - international@univ-tours.fr
Head of the CUEFEE	Corinne Vasseur (Ms.) - cuefee@univ-tours.fr

ACADEMIC EXCHANGE PROGRAM

Academic Year 2020/2021:

Term Dates	Autumn Semester: 4 months (September to December) Spring Semester: 5 months (January to May)
Expected arrival dates for exchange students	Autumn Semester: Before September 1 st 2020 Spring Semester: Before January 11 th 2021
Welcome Program	Autumn Semester: First week of September 2020
Classes begin/end:	Autumn Semester: September 7 ^h to December 11 th 2020 Spring Semester: January 11 ^h to May 21 th 2021
Exam Periods	Autumn Semester: mid-December 2020 Spring Semester: Second week of May to last week of May 2021 Repeat session: June 2021
Holidays	<i>Summer:</i> approximately two months (Jul-Aug) <i>Autumn:</i> one week (Oct-Nov) <i>Christmas:</i> 2 weeks (Dec-Jan) <i>Winter:</i> 1 week (Feb) <i>Spring:</i> 2 weeks (Apr-May)
Application Deadline	Nomination deadline for the Autumn semester : May 15th Online applications for the Autumn semester or the Academic Year: May 31st Nomination deadline for the Spring semester: November 15th Online applications for the Spring semester: November 29th

Application procedure (exchange students only)

Students who wish to study at University of Tours as exchange students must first of all be selected by their home university. Partner universities will be contacted by UT and asked to nominate their students online. Students are then required to complete their online application before the indicated deadline and attach the required supporting documents.

Please follow the admission procedure on:

<http://international.univ-tours.fr/exchanges>

1. Pre-registration

◇ **Application portal for exchange students (in English and French) :**

Before you start your application, please read carefully the information about the application process under [procedure](#)

Create your account and start your application.

Once the information has been provided on your account, please print the provided PDF form.

🗨 For further information [Orientation Booklet for Exchange Program Students](#)

N.B: Before sending all the documents to UT, please do not forget that the application form must be signed by the exchange coordinator in your home university, and by yourself.

2. Housing

Apply for accommodation in Residence Hall

Our institution offers accommodation in student halls of residence to exchange students coming from our partner institutions. Students must fill in and print the form below (please complete it on the computer before printing it): [Accommodation request form](#) 🗨 For further information: [Residence halls](#)

Application Deadline – Residence halls

Applications for the Autumn semester or the Academic Year: **May 31st**
Applications for the Spring semester: **November 29th**

If needed, please contact Frédéric to get an accommodation application: incoming.mobility@univ-tours.fr

NB: The accommodation request form must be sent in together to **Mr. Frédéric Soreau** with the signed registration forms. Failure to comply will lead to the form not being accepted.

Apply for private accommodation

University of Tours has its own free and online platform to assist exchange students to find a private rental. Hundreds of accommodations from private owners, real estate agencies, or rooms in private residence are available close to the university on : [Housing platform for private rental](#)

NB: Students must find the accommodation on their own.

🔗 Required documents for finalizing your application:

- ◇ 1 signed application form
 - ◇ The [accommodation request form](#) if you wish to apply for a room in a student residence hall
 - ◇ A certificate of registration in your home university
 - ◇ University grade transcripts and evidence of French/English language levels (if applicable).
 - ◇ 1 ID picture with your name written on the back
 - ◇ An envelope with your name and home address on it (A4 size) - only for Non-European students
- 🗨 Make sure you send all the pieces at the same time and **in the same envelope.**

Postal address for application: Please see page 2 for the International Relations Office Address

3. Final Registration

After receiving exchange student application form, Frédéric SOREAU will provide students all the information needed regarding registration at UT. He will provide students also a letter of acceptance to the exchange program in order to get student visa. At the same time, students will receive from the residence hall a proof of accommodation, if they apply for a room in a student residence hall. Upon arrival in Tours, go to the International Office - 60, rue du Plat d'étain (Building A, ground floor) to meet Frédéric SOREAU (cf. page 2). Please refer to [this map](#).

◇ **Frédéric Soreau will assist exchange students with:**

- ★ Obtaining their student ID card
- ★ Academic registration (IRO will give students the name and phone number of the teaching staff member who will be their Departmental coordinator and who will help to establish their "Learning Agreement")
- ★ Buddy program
- ★ Visa assistance
- ★ *Providing documents containing the basic information students will need for a successful stay*
- ★ And other inquiries...

Additional information

Selection of Courses:

The best way to make the right choice is to go to the website of the University of Tours and have a look about educational opportunities: <http://cces.univ-tours.fr/> **Catalogue of courses often selected by Exchange Students (in French and English).**

For instance, please discover our **International Relations Courses.**

Credit System:

Undergraduate/graduate exchange students can earn 30 ECTS credits maximum per semester. For further information regarding European Credit Transfer and Accumulation System: <http://international.univ-tours.fr/academic-recognition>

Restricted Programs:

Faculties not open to exchange students: Medicine/Continuing studies.

Increasing your knowledge of French:

- ◆ **At the CUEFEE** (Centre Universitaire d'Enseignement du Français pour Etudiants Etrangers/ University Centre of French as a Foreign Language): <http://international.univ-tours.fr/cuefee>
- ◆ **At the CRL** (Centre de Ressources en Langues/Language Resource Center)
An innovative language learning Center, the CRL allows every student to study at his/her own pace, according to his/her level thanks to multimedia supports.

SUPPORT SERVICES AND USEFUL INFORMATION

Visa/Immigration requirements:

Some useful links

Do you need a Visa? <https://france-visas.gouv.fr/web/france-visas/etudiants>

If so, how to get one? [Visa Procedure](#)

To get information about the French education system, regulations, visas, etc.: www.campusfrance.org/fr/

Campus facilities:

- ◆ [CROUS - RU](#) (University Restaurants)
- ◆ Libraries
- ◆ [Students' associations Erasmus](#)
- ◆ [Student Network Tours Buddy](#)
- ◆ Program and [Mentorship](#)
- ◆ Cultural and [artistic activities](#) offered by the Office of Cultural Affairs
- ◆ The [cultural program](#) offered by the International Relations Office to Exchange students.
- ◆ [Sports](#)

⇒ For further information, please refer to : international.univ-tours.fr/exchanges

International Health Insurance (compulsory):

Students should get insurance prior to their arrival. This insurance must be valid for the whole period of their stay.

Approximate monthly costs/Expenses:

Estimated semester costs <i>estimated amount in 2019</i>	Tuition: none if exchange student	Housing: Residence halls: 220€ to 405€/month Off campus apartment: 400€ to 750€/month
	Meals: 3€25 in a university restaurant	Transportation: Bus monthly subscription : 27€60
	Books, Supplies: This depends on the chosen classes	Insurance: accommodation: around 40/50€ (based on a residence hall)/year
	General expenses (accommodation + meals + leisure) should be around 700€-800€/month	
Optional fees	French courses for exchange students at CUEFEE: Free of charge in 20-21, unless otherwise agreed (<i>see specific program guidelines</i>)	

Working in France

◆ Students from countries outside the European Union:

A foreign student can be hired simply by showing his/her temporary residence permit marked "Student" or by showing a receipt for its renewal (without having to request a work authorization). As studies are seen as a priority, please note that the yearly number of hours worked cannot exceed 964 hours (which means 60% of the legal duration of work per year). Otherwise, the Prefecture will withdraw the temporary residence permit.

☎ For further information: <http://vosdroits.service-public.fr/particuliers/F2713.xhtml>

FACULTY COLLABORATION

Research collaboration: International Faculty members who are interested in conducting collaborative research projects at UT are invited to directly contact our researchers who are working in their field of interest.

Visiting Professors: As part of its international research development policy, the University of Tours intends to welcome foreign researchers in its research units. They may be welcomed as guest professors, who are recruited temporarily to fulfil teaching or research assignments. There are no nationality requirement conditions.

☎ For further information, please contact:

◆ **Service de la recherche et des études doctorales** at : red@univ-tours.fr

◆ **Euraxess Service Centre** at : mobilitycentre@univ-tours.fr



LE STUDIUM Smart Loire Valley Programme: LE STUDIUM Loire Valley Institute for Advanced Studies offers several types of temporary long stay research positions (Fellowships, Professorships) as well as additional facilities (international research consortia) intended to attract into Region "Centre-Val de Loire" experienced and outstanding foreign researchers. UT, as a member of Le Studium, is involved in this regional initiative in order to contribute to scientific excellence in the Loire Valley, UNESCO World Heritage Site.

☎ For further information and for application: <http://www.lestudium-ias.com/programmes>



Faculty exchange: One-to-one faculty exchange for a full semester or academic year may be arranged. UT will consider each request on an individual basis.

SEE YOU SOON IN TOURS AND LOIRE VALLEY!!

A global overview

トゥール大学
university of TOURS

Choose an icon and start your discovery of the University of Tours



université
de TOURS

Homepage



FACILITIES



INTERNATIONAL



THE CITY



RESEARCH



STUDIES



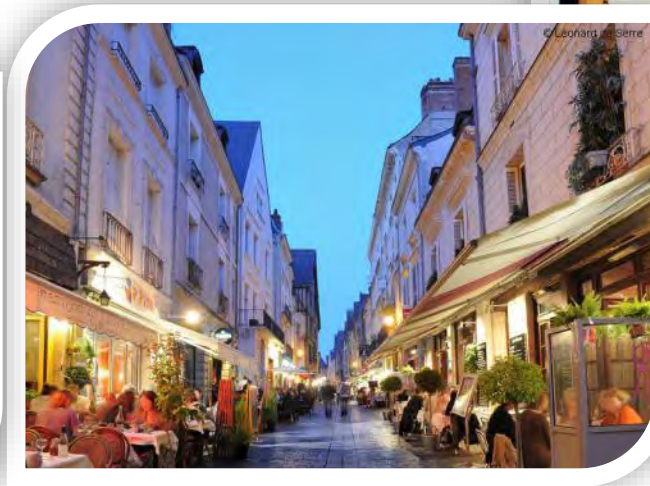
KEY FACTS



ABOUT THE CITY OF TOURS



- **A human-sized city**
 - **350,000** inhabitants in Tours conurbation
 - with over 30,000 students
- **1 hour from Paris by TGV**
- **A city renowned worldwide for its cuisine, its wines, and « art de vivre »**



University of **Tours**

ABOUT THE CITY OF TOURS




TOURS

BRUSSELS - 3h45 

LONDON - 1h30 
from Tours airport

PARIS - 55min 

to Lyon airport

MADRID - 4h10 

ROME - 3h50 
to Lyon airport



● The Capital of the **Touraine** area, where the river **Loire** – listed as UNESCO World Heritage – flows

● Home to **Rabelais, Leonardo da Vinci, Descartes, Ronsard, Balzac...**

● A modern enterprising city with a prestigious past (The Loire Valley and its Châteaux)

● Known as the cradle of French Language





AT A GLANCE



- Creation of the University of Tours in **1970**
(initially named after François Rabelais)
 - The largest public higher education institution in the French Region Centre-Val de Loire
- Students: **27,990** in 2017-2018 including
 - 73 % in the first 3 years (Bachelor's degree)
 - 17 % in Master Degree
 - 10 % in Doctorate
 - 3200 international students, i.e. 11 %
- Staff : **1400** teaching & research staff
1100 technical & administrative staff
- **36** research laboratories
- A yearly consolidated budget of **216 million €**



 **7 Faculties**



**Literature
& Languages**
3385 students



**Arts &
Humanities**
4730 students



**Law, Economics &
Social Sciences**
4650 students



**Sciences &
Technology**
3950 students



**Pharmaceutical
Sciences**
930 students



Medicine
6165 students



**Centre for
Renaissance Studies**
165 students

1 Engineering School – Polytech Tours

- 3 specializations fully taught in English
 - Electronics and Energy
 - Mechanics and System Design
 - Urban and Territorial Planning & Environment
- **1150** students



- An attractive region, among UNESCO World Heritage Sites
- Here, enjoy the French Art of living!
- A university in the heart of the city of Tours, between modernity and classicism
- A comprehensive university offering most of the fields of study from Bachelor's to Phd Degree.
- An international university with high Education Standards

STUDY



A course offer covering the entire range of disciplines

- **315** National Diplomas including
 - **16** DUT (diploma from an Institute of Technology)
 - **22** Bachelor's Degrees
 - **27** Vocational Bachelor's Degrees
 - **46** Masters' Degrees
 - **5** Engineering Specializations at Polytech Tours
 - Computer Science
 - Industrial Computing
 - Mechanics and Systems Design
 - Electronics and Electrical Energy Systems
 - Environment & Urban and Territorial Planning
- **104** University Diplomas

 **7,560** diplomas issued in 2015

BACHELORS in Arts, Humanities, Languages

Law/Languages

- English/German
- English/Spanish
- English/Italian

Applied Foreign Languages (LEA)

- English/German
- English/Spanish
- English/Italian
- English/Chinese

Foreign Languages, Literatures & Civilizations

- English
- Spanish
- English/French as a Foreign Language (FLE)

Literature

Language Sciences

BACHELORS in Human and Social Sciences

Art History

History

- Archeology
- History

Philosophy

Psychology

Sociology

Music & Musicology

- Musicians-Performers
- Music & Musicology
- Jazz & Modern Music

BACHELORS in Law, Economics, Management

Law

- Private Law
- Public Law
- Law & Political Sciences
- French Law & German Law (*combined program of the Universities of Tours and Bochum*)

Law/Languages

- English/German
- English/Spanish
- English/Italian

Economics

- Business economy
- International economy

Geography & Urban planning

Management

- Management Sciences
- International management
- Business experience
- Social & Healthcare management (with the Faculty of Medicine)

BACHELORS in Science, Technology, Health

Information Technology

Mathematics

Chemistry

Physics

Earth & Environmental Sciences

Life Sciences

- Health Biology
- International
- Biodiversity/Ecology/Evolution

Common First Year of Health Studies (PACES)

- The first year of common courses and options prepares students for the competitive exam required for the following disciplines: Medicine, Dentistry, Midwifery, Pharmacy, Physical Therapy.

MASTERS in Arts, Humanities, Languages

Foreign Languages , Literatures & Civilizations

- Italian studies & Art History

Applied Foreign Languages

- Languages & International Business

Language Sciences

- Advanced linguistics & languages description
- (Un)common acquisition & formal linguistics

Language Teaching

- French as a foreign or second language: Appropriation, diversity and insertion
- French as a foreign or second language: Pluralities, intercultural, linguistic policies
- French as a foreign or second language: French-speaking worlds, intercultural, languages, didactics & sociolinguistics
- French as a foreign or second language: Sociolinguistics, didactics of languages & quality

Languages & Societies

- Cultural Studies

Arts, Literature and Civilizations

- Culture & Mediation in the performing arts
- French literature

Journalism

MASTERS in Human and Social Sciences

Geography, urban planning, environment & development

- Environment, Territories, Landscapes
- Territories management & urban planning
- Research in environment & urban planning

History

- Cities, economies & societies
- History & European cultures

History, Civilizations, Heritage

- Cultures & heritage of the Renaissance
- Cultures & heritage of Food
- Careers in archeology & digital archeology
- Careers in heritage sciences

Art History

- Careers of research, preservation & mediation
- Italian studies & Art history

Digital Humanities

- Data intelligence in culture & heritage
- Digitisation in culture & heritage

Musicology

- Music & human sciences
- Music : research & artistic training

Philosophy

- Humanities & Politics

Psychology

- Cognition, Neurosciences & Psychology
- Gerontological Psychology : Standard & Pathological
- Child & Adolescent Psychology: socialization, education & handicap
- Psychopathology & Clinical Psychology
- Psychology of Work & Organizations

Sciences of Education & Training

- Strategies & Engineering for training adults
- Engineering & training support positions
- Socio-clinical intervention, cooperation & mediation

Sociology

- Careers in sociology & anthropology research
- Careers in social & territorial intervention

MASTERS in Law, Economics, Management

Management control & organizational audit

Health Law

Business Law

- Company Law
- Labor Law

Environment & Urban planning Law

- Environment , Territories, Landscape
- Management of Territories & Urban planning
- Research in Environment & Urban planning

Property Law

- Real Estate Law : building promotion & management
- Property engineering

European Law

- European legal expert
- Law/Languages
- French/German Law

International Law

- International Business
- Biotechnologies & Law

Public Law

- Law & public local management
- Public law legal expert

Business & Market Economics

International Economics

Finance

- Banking client service manager
- Back office, risks & conformity

Human resources management

- Human resources management & business strategy
- Working life quality

Justice, trials & proceedings

Management Training

- Management of Quality & Projects
- Management & Administration of Business
- Management of Teams, Health & Quality of Life at work

Management of Small & Medium size businesses and Entrepreneurship

Business administration & management

- Advanced training in management
- Quality & Projects management
- Research & Management consulting

Marketing & Sales

- Service Marketing & customer experience
- Service Marketing & Digital

MASTERS in Science, Technology, Health

Biodiversity, Ecology & Evolution

- Plants & Society : sustainable culture, landscape & phytovalorization
- Evolutionary & Behavioral Ecology

Biology & Agricultural Sciences

- Quality & Sustainability in Animal Production
- Sense & Innovation in Agrifood

Biology & Health

- Biology of Reproduction
- Cognition, Neurosciences & Psychology
- Biomedical Imaging
- Physiopathologies
- Quality & risk management in health

Chemistry & Materials Sciences

- Materials for New energy technologies

Information Technology

- Information Technology for Decision Making
- Complementary skills in IT

Mathematics

Mechanical Engineering

Applied & Fundamental Physics

- Fundamental Physics – non-linear models
- Electronics, electric energy, automatic

Public Health

- Prevention & health Promotion
- Economics & Management of social and health organizations

Water Sciences

- Hydrosystems & Watersheds

Life Sciences

- Cellular & Molecular Infectology
- Immunity & Biomedicine
- Bioproduction management
- Biotechnologies & Law
- Therapeutic antibodies

RESEARCH



 **35 recognized research teams**

- **14** with CNRS, INSERM or INRA
- **800** permanent researchers
- **190** engineers and technical staff
- **12** European research programs are developed among which 2 are “European Research Council” granted
- **60** PhD under international joint supervision in progress
- Many centers of excellence, recognized worldwide

 **€ 66-million-euro-budget**

INTERDISCIPLINARY RESEARCH INSTITUTE ON LEGAL AFFAIRS (IRJI) – EA 7496

Research themes

- Democracy, liberties, social policies
- Regulations and institutions in Europe
- Market and business
- Proceedings
- Responsibilities
- Territories, urban planning and real estate

Nihon-EuropA Program - 日本・ヨーロッパ・プログラム。

Nihon-EuropA Program is an interdisciplinary research program focused on the study and development of relations between Europe and Japan, which allies scientific research and the socio-economic world.

Its main objective is to promote knowledge of Japanese law and intensify informal and institutional partnerships between French and Japanese researchers.

<http://nihoneuropa.univ-tours.fr>

Invited researchers based on UT Research Council's nomination - Call 2019 : March-April

Duration	Profile	Conditions and Eligibility	Funding and support services
<p>1 to 3 months during an academic year (September - July)</p>	<p>International Professor under contract with a foreign institution with research and / or teaching functions</p>	<p>Apply to one of our research units → https://international.univ-tours.fr/areas-of-research</p> <ul style="list-style-type: none"> ➤ Prepare the following documents: <ul style="list-style-type: none"> ▪ A short curriculum including a list of publications and professional experiences, ▪ The research project / joint promotion / project setup ▪ The duration of visit requested must be justified, and the potential visit dates must be specified ▪ Submit a briefly reasoned opinion of the Research Unit Director 	<ul style="list-style-type: none"> ➤ Salary (2 394€ brut/month) ➤ Furnished apartment (up to 700€/month) ➤ Meal expenses (30.50€/day) ➤ Administrative support before and during the stay

LE STUDIUM Smart Loire Valley Programme (Fellowship, Consortium, Professorship)

A Dedicated Service Centre for Foreign Researchers

- Member of the EURAXESS Network

Part of the French network of mobility centers providing access to a complete range of information and support services to researchers wishing to pursue their research careers in Region Centre-Val de Loire.

- Our missions :
 - *Informing before departure*
 - *Welcoming upon arrival*
 - *Counselling during the whole stay*
 - *Assisting with all formalities*



For any request, please contact:

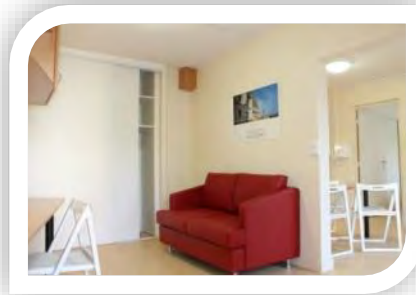
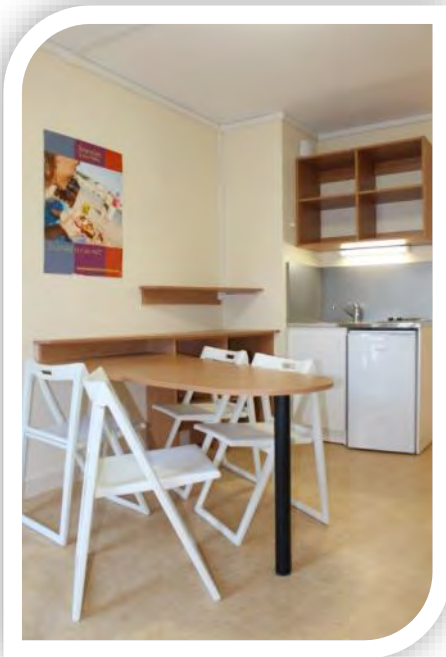
✉ mobilitycentre@univ-tours.fr

Incoming Researchers in 2018

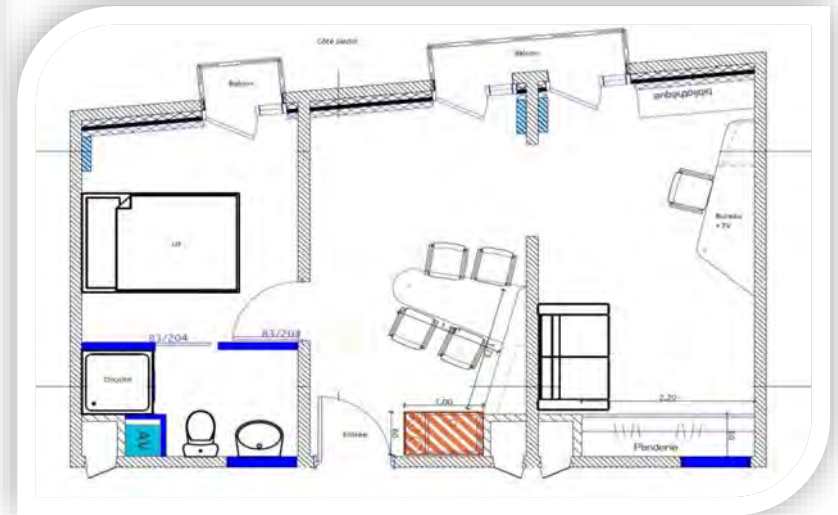
- **305 International Researchers supported by Euraxess**
 - 29% invited Professors and Researchers,
 - 18% Post-docs
 - 53% PhD students
- **assisted with 1090 actions :**
 - Visas procedures & information on legal issues
 - Housing
 - Opening a bank account
 - French courses
 - Registration to school for the children
 - Administrative assistance (insurance, healthcare...)
 - Information about cultural activities

Housing facilities for foreign researchers

- Résidence du Monde CROUS-Tanneurs
 - 4 apartments of 28 m² within the historical heart of the city



- *Fully furnished, Wifi, TV...*
- *Secured and quiet*
- *Dedicated to our international guests*
- *For short and long term*



INTERNATIONAL



 **3,200** international students in our university,
standing for **131** nationalities and **11%** of our student population

- **520** exchange students
- **180** students in Degrees set up with international partners
- **50** students registered in our Master's Degrees in English
- **200** students following courses of French Language

 **780** students abroad

- **550** following courses
- **230** doing their internships

Tours as an international window:

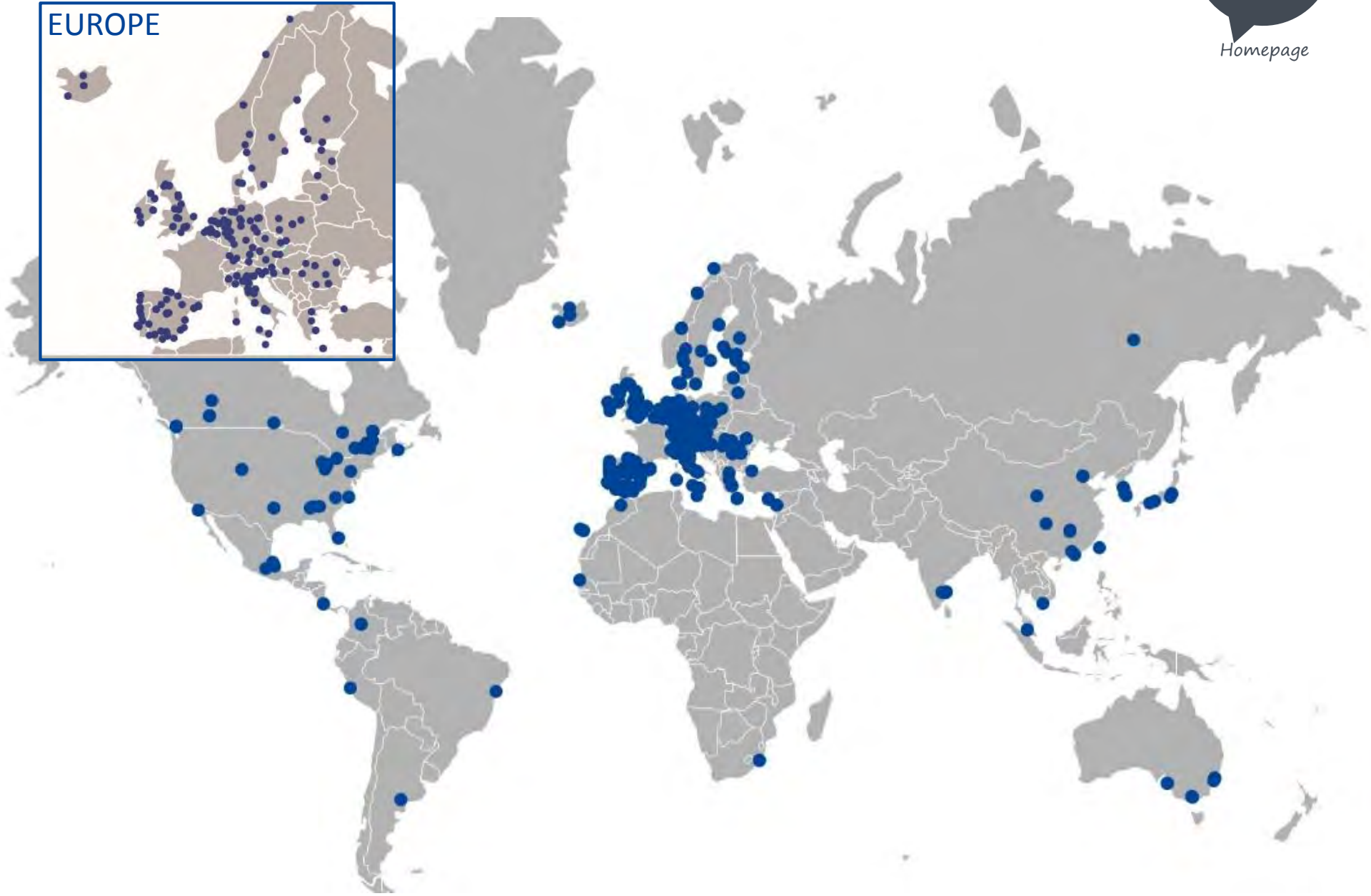
- **395** Erasmus agreements in **28** European countries with **198** partners
- More than **150** agreements out of Europe
- **1** offshore curricula (Master's Degree in Applied Mathematics - Ho Chi Minh City University of Sciences, Vietnam)
- **1** « Politics & International Relations » specialisation at undergraduate level
- **4** Master's programs taught in English
- **12** double degrees
- **1** Erasmus + International Credit Mobility partnership (Univerzitet Crne Gore, Montenegro)
- Study abroad programs designed on demand

● **Our University Center for Teaching French
to International Students (CUEFEE) offers :**



- **Linguistic assistance to exchange students**
 - A maximum of 12 credits (ECTS) by semester can be obtained at CUEFEE
 - Up to three courses each semester

- **French courses for specialists**
 - Open to exchange students enrolled in a French language degree in their country
 - > Students study mainly French language and culture at the CUEFEE + 1-3 disciplinary courses in the appropriate faculty
 - > A university diploma of French studies (DUEF) at levels B1-B2 or C1 as well as ECTS credits can be obtained



North America and Oceania

USA

- Bucknell University
- University of Wyoming
- Birmingham-Southern College
- University of California, Los Angeles
- Davidson College
- San Diego State University
- Wayne State University
- Michigan State University
- East Carolina University
- University of Alabama
- Florida Atlantic University
- University of West Georgia
- University of North Texas
- Bowling Green State University
- City University of New-York
- Hanover College
- Concordia College

CANADA

- Simon Fraser University
- University of Calgary
- Western University – Ontario
- University of Alberta
- Douglas College – Vancouver
- Wilfrid Laurier University
- University of Windsor
- Acadia University
- Université de Sherbrooke
- University of Winnipeg
- Université Laval – Québec
- Université de Montréal
- Université du Québec – Chicoutimi
- Université du Québec – Trois Rivières
- Ecole de Technologie Supérieure
- Institut National de la Recherche Scientifique – Québec
- Concordia University

AUSTRALIA

- Sydney University
- Macquarie University
- University of Wollongong
- Flinders University
- University of Adelaide
- La Trobe University
- Deakin University
- Monash University

Central and South America

ARGENTINA

Universidad Nacional de
La Plata

BRAZIL

Universidade Federal da Bahia
Universidade Federal de Itajubá
Universidade federal do Rio de Janeiro
Universidade Federal de Sergipe

CHILE

Universidad de
Valparaiso
Universidad Católica de
Temuco

COSTA RICA

Universidad de
Costa Rica

COLOMBIA

Universidad Nacional de
Colombia

MEXICO

Universidad Internacional
Universidad Veracruzana
Instituto de Ecología
Universidad Nacional Autónoma de México

PERU

Universidad Ricardo Palma
Universidad Científica del Sur

Asia 1/2

CHINA

- Beijing Institute of Technology
- Beijing University of Technology
- Beijing Jiaotong University
- Beijing University of Chemical Technology
- Beijing Forestry University
- University of Science and Technology (Beijing)
- Central South University (Changsha)
- Hunan Normal University (Changsha)
- Hunan University (Changsha)
- Hunan Agricultural University (Changsha)
- Hunan University of Commerce (Changsha)
- North Eastern University (Shenyang)
- South China Normal University (Guangzhou)
- City University of Hong Kong
- Xiangtan University (Hunan Province)
- Southwest University of Political Science & Law (Chongqing)
- Xi'an Jiaotong University

VIETNAM

- Ho Chi Minh City University of Sciences
- Ho Chi Minh City University of Technology
- Can Tho University
- Hong Duc University

 **Asia 2/2**

SOUTH KOREA

- Chungnam National University
- Korea University – Seoul
- Sungkyunkwan University
- University of Seoul
- Chungbuk National University
- Daegu Gyeongbuk Institute of Science and Technology

JAPAN

- Chuo University
- Hiroshima University
- Konan University
- Osaka City University
- Osaka Prefecture University
- Kyoto Prefecture University
- Shibaura Institute of Technology
- National Institute of Technology, Kagawa College

INDIA

- Anna University
- IIT Madras
- University of Madras
- Vellore Institute of Technology
- Vel Tech University

Program 1: Classical exchanges (disciplinary courses in French)

Recommended French language level :
B2

Our exchange students principally take classes in our different Faculties and in our University Center for Teaching French to International Students.

B2 level in French is advised so that the students can have access to more disciplinary courses. Furthermore, we trust you to evaluate the level of the students and we do not require any certificate.



Exchanges open to all the Faculties of UT (with the exception of the Faculty of Medicine) for exchange of students at UG/G levels

Program 1: Classical exchanges (disciplinary courses in French)
 UT offers many program options for studying.

<p>Examples of disciplinary courses in French</p> <p>From 18 to 30 ECTS</p>	<p>French language courses at CUEFEE</p> <p>Up to three courses per semester From 8 to 12 ECTS</p>
<ul style="list-style-type: none"> ❖ International relations, Geopolitics, European construction, Political institutions ❖ Literature, linguistics, semantics ❖ Law, Political Sciences, Geography & Urban planning, Economics, ❖ Business and Management ❖ Sociology, Psychology, Arts and Human Sciences 	<ul style="list-style-type: none"> ❖ Written French (24h/4 crédits) ❖ Oral French (24h/4 crédits) ❖ One cultural option (from B1 level in French) <hr/> <ul style="list-style-type: none"> ❖ Service Learning Course - Intercultural exchange with UT students – 3 credits <ul style="list-style-type: none"> ✓ Open to English-speaking students (Spanish-speaking students may also apply) ✓ Exchange student takes part in 20 hours of conversation throughout the semester. ✓ Students will need to submit a 400-word essay at the end of the semester. ✓ Successful completion of the programme equates to 3 credits (ECTS).
<p>Fee: free of charge</p>	<p>Fee : free of charge</p>

Program 1bis: Classical exchanges (disciplinary courses in English)



This program is open to students with an elementary level in French and wish to take disciplinary courses in English at UT.

Our exchange students principally take classes in our different Faculties (Humanities, Science and Technology) and in our University Center for Teaching French to International Students.

Required language level:

- **English:** B2

IELTS (Academic)>5.5, TOEFL IBT>87, TOEIC>785

- **French:** A2 level advised

B2 level in English is advised so that the students can have access to disciplinary courses taught in English. Furthermore, we trust you to evaluate the level of the students and we do not require any certificate.

Program 1bis: Classical exchanges (disciplinary courses in English)

<p>More than 100 disciplinary courses in English available at UT</p> <p>From 18 to 30 ECTS</p>	<p>French language courses at CUEFEE</p> <p>Up to three courses per semester</p> <p>From 8 to 12 ECTS</p>
<ul style="list-style-type: none"> ❖ Economics of international Trade, Welfare economy - economics of inequality, Migratory and Urban Dynamics ❖ Humans rights in Europe, Gender and Law, Introduction to the Law of Intellectual Property, Civil rights in the US, Comparative Political Regimes and Constitutional Law Europe and the US ❖ International Relations, International Issues for and In Europe, Understanding Contemporary Conflicts, War and peace in the 20th century, French Political Institutions...Regional and Thematic Political Issues ❖ History, Culture and literature of the English Speaking Countries, Media... 	<ul style="list-style-type: none"> ❖ Written French (24h/4 crédits) ❖ Oral French (24h/4 crédits) ❖ One cultural option (from B1 level in French) <hr/> <ul style="list-style-type: none"> ❖ Service Learning Course - Intercultural exchange with UT students – 3 credits ✓ Open to English-speaking students (Spanish-speaking students may also apply) ✓ Exchange student takes part in 20 hours of conversation throughout the semester. ✓ Students will need to submit a 400-word essay at the end of the semester. ✓ Successful completion of the programme equates to 3 credits (ECTS).
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Program 2 : Supervised projects - Research Apprenticeship
Exchange Program

Exchange students can apply for a supervised project in our
labs

- o The project is carried out in a laboratory under the supervision of a lecturer, assistant professor or professor. The students will be examined by an oral presentation, a written report and a theory test.
- o Students can validate **15 ECTS** at Bachelor level or **20 ECTS** at Master level during the semester.
- o Students can complete their learning agreement with CUEFEE's French courses for foreign students (**up to 8-12 ECTS**) and with disciplinary courses -> <http://cces.univ-tours.fr/>

Fields: Biology, Chemistry, Geosciences,
Computer Sciences, Mathematics and Physics, etc...

Other fields of study are available for welcoming students

 **Course Catalogue for Exchange Students (FR/ENG)**



CCES: Course Catalogue for Exchange Students

[Homepage](#) [Search Courses](#) [Search Programs](#) [Language](#) ▾

Search Courses

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(Part of) course title

Course code

School/faculty offering the course

Field of studies (ISCED)

Language of instruction

Course level

Calendar Period

- Any
 Fall Term (S1) : September to December
 Spring Term (S2) : January to June

[Search](#)

<http://cces.univ-tours.fr>

Cosmopolitan City of Learning!

トウル大学へようこそ



Our exchange programs

university of **TOURS**

Program 1: Classical exchanges (disciplinary courses in French)

Recommended French language level :
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Program 1bis: Classical exchanges (disciplinary courses in **English**)

<p>More than 100 disciplinary courses in English available at UT</p> <p>From 18 to 30 ECTS</p>	<p>French language courses at CUEFEE</p> <p>Up to three courses per semester</p> <p>From 8 to 12 ECTS</p>
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<p>Fee: free of charge</p>	<p>Fee: free of charge</p>

Program 1bis: Classical exchanges (disciplinary courses in **English**)

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Fields: Biology, Chemistry, Geosciences, Urban Planning, Mechanics, Computer Sciences, Mathematics and Physics, etc...

Other fields of study are available for welcoming students

Program 2 : Research Apprenticeship Exchange Program - S & T

Research projects proposed in the field of Science and Technology From 15 to 20 ECTS	Disciplinary courses in English or in French Up to 10 ECTS	French language courses at CUEFEE Up to 12 ECTS
<ul style="list-style-type: none"> ❖ <i>Electronics and Energy Systems</i> : Electronic circuits, Digital communications systems, Power electronics ❖ <i>Mechanics and System design</i> : Polymer Mechanics, Design of Mechanical Elements, Plasticity, Fatigue of Materials ❖ <i>Urban and Territorial Planning and Environment</i>: Development strategies, Hydrology and hydraulics, aquatic ecology, Eco-city development models ❖ <i>Computer Sciences</i>: Databases and Natural Language Processing, Operations Research, Scheduling, and Transportation, Pattern Recognition ❖ <i>Insect Biology</i>: nature and derived costs/benefits of family interactions in the European earwig ❖ <i>Geosciences</i> ❖ <i>Medicinal Chemistry</i> : Synthesis of antibacterial analogs of natural marine compounds ❖ <i>Nutrition, Growth & Cancer</i> : new therapeutic approaches, role of lipids in the deregulation of mitochondrial hepatic and skeletal muscle bioenergetics induced by cancer cachexia. 	http://cces.univ-tours.fr	<ul style="list-style-type: none"> ❖ Written French (24h/4 crédits) ❖ Oral French (24h/4 crédits) ❖ One cultural option (from B1 level in French/4 credits) <hr/> <ul style="list-style-type: none"> ❖ Service Learning Course - Intercultural discussions with UT students ✓ Open to English-speaking students (Spanish-speaking students may also apply) ✓ Exchange student takes part in 20 hours of conversation throughout the semester. ✓ Students will need to submit a 400-word essay at the end of the semester. ✓ Successful completion of the programme equates to 3 credits (ECTS).
Fee: free of charge	Fee: free of charge	Fee: free of charge

NB: Students interested should have reached B2 level in English or in French

 **Course Catalogue for Exchange Students (FR/ENG)**



CCES: Course Catalogue for Exchange Students

[Homepage](#) [Search Courses](#) [Search Programs](#) [Language](#) ▾

Search Courses

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(Part of) course title

Course code

School/faculty offering the course

Field of studies (ISCED)

Language of instruction

Course level

Calendar Period

- Any
 Fall Term (S1) : September to December
 Spring Term (S2) : January to June

[Search](#)

<http://cces.univ-tours.fr>

A group of five people (three men and two women) are sitting around a small white table at an outdoor cafe. They are engaged in conversation and holding drinks. The setting is a European town square with half-timbered buildings in the background and trees with autumn foliage. The scene is bright and sunny.

Cosmopolitan City of Learning!

Welcome to Tours!



université
de TOURS



STUDENT GUIDE
FOR EXCHANGE PROGRAM STUDENTS



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Warning

- This booklet comes as an appendix to other documents handed out : student schedule, university campus map, a practical guide to the city of Tours, additional insurance information, and so on. Don't forget to check notice boards and your ENT (Digital Work Environment).

- Information from the International Relations Office will be delivered via e-mail: please check regularly your e-mail account and reply as soon as possible if requested.



2019/2020 UNIVERSITY CALENDAR



INTRODUCTION

	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY
1	D	M	V All Saints Day	D	M New Year's Day
2	L Start of S1 classes (Medecine, Pharma)	J	S	L	J
3	M sciences, Sciences & Technologies, Polytech, IUT Tours)	M	D	M	V
4	V	V	L	M	S
5	J	S	M	7 J	D
6	V	D	M	V	L
7	S	L	J	S	M Start of S2 classes (IUT)
8	D	M	V	D	M
9	L	M	S	L	J
10	M Start of S1 classes (Arts & Human Sciences, DESS*, CESR)	J	D	M	V
11	M	V	L Armistice 1918	M	S
12	J	S	M	J	D
13	V	D	M	V	L Start of S2 classes (Arts & Human Sciences, DESS*, Sciences & Technologies)
14	S	L	J	S	M
15	D	M	V	D	M
16	L	M	S	L	J
17	M Start of S1 classes (Literature & Languages, CUEFEE**)	J	D	M	V
18	M	V	L	M Exams S1	S
19	J	S	M	J	D
20	V	D	M	V	L
21	S	L	J	S	M Start of S2 classes (Literature & Languages, CUEFEE**, CESR)
22	D	M	V	D	M
23	L	M	S	L	J
24	M	J	D	L Christmas holidays	V
25	M	V	L	M Christmas	S
26	J	S	M	J	D
27	V	D	M	V	L
28	S	L	J	S	M Start of S2 classes (Polytech only)
29	D	M	V	D	M
30	L	M	S	L	J
31	J	V	D	M	V

	FEBRUARY	MARCH	APRIL	MAY	JUNE
1	S	D	M	V Labor Day	L Pentecost
2	D	L	J	S	D
3	L	M	V	D	M
4	M	M	S	L	J
5	M	J	D	M Exams S2	V
6	J	V	L	M	S
7	V	S	M	J	D
8	S	D	M	V Armistice 1945	L
9	D	L	J	S	M
10	L	M	V	D	M Retake Exams
11	M	M	S	L	J
12	M	J	D	M Exams S2	V
13	J	V	L	M	S
14	V	S	M	J	D
15	S	D	M	V	L
16	D	L	J	M Exams S2	M
17	L	M	V	D	M Retake Exams
18	M	M	S	L	J
19	M	J	D	M Exams S2	V
20	J	V	L	M	S
21	V	S	M	J Ascension	D
22	S	D	M	V university closure	L
23	D	L	J	S	M
24	L	M	V	D	M Retake Exams
25	M	M	S	L	J
26	M	J	D	M	V
27	J	V	L	M	S
28	V	S	M	J	D
29	S	D	M	V	L
30	L	L	J	S	M Retake Exams
31	M	M	D	D	M

Public holidays	Exams
Holidays	Retake Exams

KEYS :

* DESS :Droit, Economie et Sciences Sociales

** CUEFEE : Centre Universitaire d'Enseignement du Français aux Étudiants Étrangers

ORIENTATION WEEK PLANNER - SEPTEMBER 2ND TO 6TH, 2019 AND OTHER EVENTS TO REMEMBER !

AUGUST SEPTEMBER

28
Start of administrative registrations at the International Relations Office, by appointment only !

4
Bac(k) to Fac > 3pm to 7pm : Village Associatif/ Students' Organisations Fair at Tanneurs Campus
> 8pm to midnight : Party on the Loire banks, at the "Guinguette", with concerts and dj set

5
Fac à Vélo > 4-9pm

12
S1 Information meeting (mandatory) Introduction to university services among which sports and cultural activities (location to be precised)

17
> 6-9pm
Special evening «Parrainage/Find a French buddy!» by the International Relations Office and ESN Tours : Get a French buddy! (event reserved for exchange students only, invitation sent by email)

24
> from 6pm
«Nuit des Etudiants du Monde» : Reception cocktail dedicated to the new students of the University of Tours at Tours City Hall, followed by a festive soiree at La Guinguette, on the banks of the Loire river

IMPORTANT DATES - CENTRE UNIVERSITAIRE D'ENSEIGNEMENT DU FRANCAIS AUX ETUDIANTS ETRANGERS (CUEFEE)

SEMESTER 1	
Jeudi 05/09	CUEFEE Language level test (9h-11h)
Vendredi 06/09	CUEFEE information meeting(16h-18h)
Mercredi 11/09	CUEFEE Language level test (9h-11h)
Vendredi 13/09	CUEFEE information meeting (16h-18h)
SEMESTER 2	
Jeudi 09/01	CUEFEE Language level test (9h-11h)
Vendredi 10/01	CUEFEE information meeting (16h-18h)
Mercredi 15/01	CUEFEE Language level test (9h-11h)
Vendredi 17/01	CUEFEE information meeting (16h-18h)

N.B These calendars are given for information purposes only, modifications can occur at the beginning of the year. Other welcoming receptions will be set at the 2nd semester: dates will be announced later on.

WELCOME TO TOURS !

Dear student,

We are excited to welcome you for an exchange program at the University of Tours (UT) !

You have chosen Tours for your studies and you have made the right choice !

Located one hour away from Paris by TGV (High-speed train), Tours is at the heart of the "Région Centre", in the Indre-et-Loire "departement".

The town itself is located at the confluence of the Loire and Cher rivers and spreads from the north of the Loire river (Tours Nord, Saint-Symphorien, Sainte-Radegonde) to the south of the Cher river (districts of Les Deux Lions, Les Fontaines, Parc Grandmont).

On an imaginary line, it is located in the middle of France, right on the border between North and South and therefore has a mild climate. It is warm in summer (the weather is usually warm and relatively dry) and not too cold in winter (just a few days of snow), spring is mild and fall is balmy.

Tours has a reputation for being one of the towns in France where the purest and most unblemished French is spoken. It is also the main town in a region renowned for its cultural, historical and gastronomic heritage.

Many great authors in the French literature, many kings and many important religious characters spent some time here and each of them depicted this region or left his/her mark.

The Châteaux of the Loire, the vineyards, the gastronomy, Balzac, Ronsard, Rabelais, Leonardo da Vinci, Saint Martin and many others will soon be names that will bring back to you many good times spent here with us !

ABOUT TOURS

POPULATION: 135.000
inhabitants of which 30.000
students

INHABITANTS NAME:
Tourangeaux and Tourangelles

CLIMATE: Temperate Oceanic
(lowest temperature in winter
-10°C, hottest in summer +30°C)

We have gathered in this booklet every useful and practical information to help you prepare your stay at its best, and to benefit from it on every level : academic and personal.

We hope you have an excellent experience in Tours ! We are here to help you before, during and even after your stay !

See you soon !

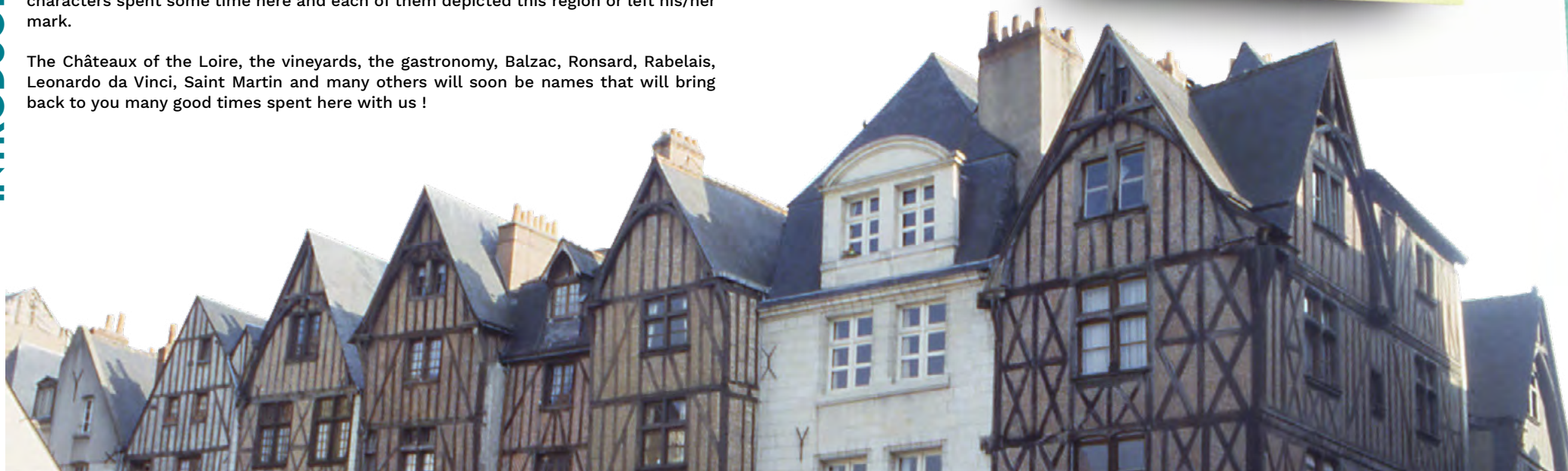
The International Relations Office

60 rue du Plat d'Étain, building A, ground floor (right hand corner) !

PRÉPAREZ VOTRE RENCONTRE AVEC LES FRANÇAIS !

Prepare your meeting with French people by watching the different videos compiled by Campus France regarding the French habits and clichés

www.campusfrance.org/fr/habitudes-francaises-traditions-cliches





PAPERWORK FOR CONSULAR PROCESSING

SOME USEFUL LINKS

To get information about the French education system, regulations, visas, etc:

www.campusfrance.org/en

Do you need a Visa? If so, how to get one?

https://france-visas.gouv.fr/en_US/web/france-visas/student

LONG-STAY VISA VALID AS A RESIDENCE PERMIT FOR STUDENTS (VLS-TS « ÉTUDIANT »)

You will need to apply for a visa if you come to study at the UT and you are not from a European Union country or if you do not come from a country which is part of the European Economic Area.

This request will have to be done before your mobility program, through the French Embassy in your home country (nothing can be done once you are in France).

You will need to ask a long-stay visa valid as a residence permit for students (VLS-TS « étudiant ») which enables you to stay and study from 4 months to one year in France. It also entitles the holder to:

- travel freely in all the countries of the Schengen Area;
- work 964 hours per year, i.e. 20 hours per week, to supplement their financial resources;
- use the VISALE, the free security deposit service for students,
- receive a rental subsidy from the CAF, the family allowance fund (caisse d'allocations familiales),
- extend their stay beyond the period of validity of the issued residence permit.

CAMPUS FRANCE PROCEDURE

If you are an exchange student from a country outside of the European Union and which country is listed below, please follow the procedure on « Etudes en France ». The file you will create will enable you to prepare your visa request.

Countries concerned by the procedure :

Algeria, Argentina, Benin, Brazil, Burkina Faso, Cameroon, Chile, China, Colombia, Comoros, Congo, Côte d'Ivoire, Egypt, Gabon, Guinea, Haiti, India, Indonesia, Iran, Japan, Kuwait, Lebanon, Madagascar, Mali, Mauritania, Mauritius, Mexico, Morocco, Nigeria, Peru, Russia, Senegal, Singapore, South Korea, Syria, Taiwan, Togo, Tunisia, Turkey, United States, Vietnam.



THE "OFFICE FRANÇAIS DE L'IMMIGRATION ET DE L'INTÉGRATION" (OFII) PROCEDURE

When applying for a visa in your country, you will need to attach an OFII (French Agency in charge of immigration and welcoming foreigners) request form. You will then be issued a stamped certificate.

You must validate your visa within 3 months of arriving in France. The process is entirely digital, you will need to visit the following website:

<https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/>

This simple procedure enables you to lawfully remain in France for your visa's entire validity period.

You will need :

- a valid email address,
- information on your visa,
- your date of arrival in France,
- your address in France,
- a bank card to pay online the fee for issuing the residence permit (cost=60€)

If you don't validate it within three months upon your arrival, your visa won't be valid anymore and your status will not be legal anymore and you will need to apply for a new visa to return to France if you travel.

You can find more information about the procedure on this link :

www.campusfrance.org/en/how-to-validate-your-long-stay-visa-visa-long-sejour-upon-your-arrival-in-france



CHECKLIST OF THE DOCUMENTS YOU NEED TO BRING

FOR NON-EUROPEANS ONLY :

- Valid passport + visa
- Private insurance, university insurance...valid for the length of your entire stay

FOR EUROPEAN STUDENTS ONLY :

- Valid ID
- Health insurance European card (valid for the length of your entire stay)

FOR THE EUROPEAN STUDENTS AND THE NON-EUROPEAN STUDENTS :

- Birth certificate translated into French by a sworn-in translator (you can ask a list of the translators to the French embassy in your country)
- Certificate of enrollment in your home institution corresponding to the year of your exchange in Tours
- Health record or immunization certificates
- Your driver license if you have one (optional) and the registration papers of the vehicle
- Health certificate translated in French if you want to play sports
- A couple of ID pictures
- Parental income statement for 2018-2019 (if you are tied to your parents' income) / your income statement for 2018-2019 if you declare your own income

 **ADVICE !** Think about printing these documents and keeping an online copy in case you lose them.



YOUR ARRIVAL IN TOURS

Finding your way

There are different ways to come to France :
by car, train, plane, bus.
The following will tell you how to get to Tours.

... FROM PARIS

{ SMALL BUDGET }

By bus

Low cost bus lines run from Paris to Tours coach station located in the city center of Tours. Check these companies : « Flixbus » (www.flixbus.fr) and « OUI bus » (www.ouibus.com) . It takes about 5 hours between the 2 cities and it costs less than 20 euros.

Carpooling

There is a popular carpooling website in France called « blablacar » (www.blablacar.fr). You can find a carpooling from the airport of from Paris to Tours for about 20€. In Tours, the address of all arrivals and departures is 168 rue Edouard Vaillant, a 5-minute walk from Tours train station.

{ AVERAGE BUDGET }

By train

The name of the French railway network is « Société Nationale des Chemins de Fer » (SNCF). You can check the website to look at the timetables and book your ticket directly online : <https://www.oui.sncf/billet-train>. You can also download the app OUI.sncf to check the timetable and buy your e-ticket without having to print it.

We advise you to buy the card « carte jeune » (for people between 12 and 27 years old) so you can have interesting rates all along your stay in France. The card costs 50€ (please note that it does not replace the train ticket that you will still have to buy) and is quickly profitable if you take the train during your exchange semester/year.

There are two train stations in Tours :

- Saint-Pierre-des-Corps station (it's the name of a city which is next to Tours). Most of the TGVs (fast trains) go through this train station
- Tours station located in the very center of Tours (it's a terminal)

Shuttles (trains) link the two stations every 10 minutes approximately. The platform number is indicated on screens when you get out of the train in Saint-Pierre-des-Corps. It's a small train station, you will have the time to catch the shuttle.



> From Roissy-Charles de Gaulle airport

The TGV train station is located in terminal 2, inside the airport. There are direct trains for Saint-Pierre-des-Corps only (and not to Tours station). You can book a train for Tours station and when you get to Saint-Pierre-des-Corps you will take the shuttle (train). The fee with the « carte jeune » is between 30 and 70€. The journey takes about 2 hours. There is another possibility if there is no train which fits you : from the Roissy-Charles de Gaulle station in terminal 2, you can take a RER (suburban trains in the Parisian area) and then a subway to Paris Montparnasse station or Paris Austerlitz station. From these stations, there are also trains to Tours.

> From Orly airport

You can take the bus 91.10 (one ticket costs 2€) either Orly 1-2 exit 22 stop 8 or in Orly 4 exit 47, stop 3. It runs every 30 to 60 minutes and take you to Massy-TGV train station. At Massy-TGV train station, there are direct trains for Saint-Pierre-des-Corps or Tours. It costs from 30 to 70€.

> From Beauvais airport

you can take a shuttle to Paris. The journey lasts about 1h15 and the shuttle takes you to Porte Maillot. It costs 15.90€ online or 17€ inside the bus. Then you can take a subway and go to Montparnasse train station or to Austerlitz train station. You can check the itinerary in Paris on the website of the « RATP » (Paris public transport network) : www.ratp.fr Another option would be to take a bus or a cab from the airport to Beauvais train station and then a train to Tours. There will be a connection in Paris (you will need to change train and train station).

> From Paris-Montparnasse train station

You can take a train to Tours, it will cost from 15 to 60€ (with the card). The journey lasts about an hour.
From Paris-Austerlitz train station : You can also take a train to Tours and it will cost from 20 to 100€ (with the card). The journey lasts about an hour.

 { HIGHER BUDGET }

Shuttles

Lots of companies offer a shuttle service from the airports to Tours (Pickmecab, Navettes Paris Aéroports, Transpers etc...). Count more than 150€ for one person and make sure you ask for the price at the moment when you are booking the shuttle

...FROM TOURS AIRPORT TO TOURS CITY CENTRE

By tram : walk about 15 minutes until « Terminus Vaucason » stop and take the tram until « Gare Vinci ».

By taxi : you can take a taxi directly outside the terminal. Usually, there are taxis waiting after each flight arrival. It costs from 15 to 30 euros to go to Tours city centre.

...FROM THE TOURS TRAIN STATION TO UNIVERSITY RESIDENCE HALLS


Once you've reached the train station, you can walk, take a taxi (they are parked right in front of the station) or take a bus www.filbleu.fr The fare is 1.60 € + 0.10€ for the creation of the reusable ticket. Tickets can only be purchased from the driver and can be used for one hour whatever bus or tram line you take.

- If you arrive before 4:00 p.m., you will need to retrieve your keys from the office administering your residence hall.
- If you arrive after 4:00 p.m., you will need to go directly to a hotel to spend the night there (refer to “ Temporary accommodation” p.33). It will be impossible for you to get your hall keys after office hours.

Please also note that the residence halls do not have a welcome desk on week-ends.

 **UNIVERSITY RESIDENCE HALLS** (read also section «Your accommodation» p.33)

You will find your university hall address on the website of the CROUS : www.crous-orleans-tours.fr/logements/carte-des-logements/

-  Pay attention, some university residence halls require you to retrieve your keys from a different office. We indicate in red next to the name and adress of the residence hall down below where you have to take the keys. You can find the tram and the bus real-time schedule information on filbleu.

Croix Montoire Hall : 8, place Choiseul

(mark A on the following map) : retrieve keys from St Symphorien Hall

See below how to get to St Symphorien.

In order to go to the Croix Montoire hall from Tours station station : take tram A direction « Vaucanson » and stop at « Place Choiseul ».



Grandmont Hall : Grandmont Park

(mark B on the following map) : retrieve keys directly from the Grandmont Hall, building A

From Tours train station, go to Place Jean Jaurès, and take bus TEMPO 2 direction Trousseau (Chambray-les-Tours), stop at « Bonamy » and walk to the residence hall.

Hélène Boucher Hall : 9 rue Hélène Boucher

(mark C on the following map) : retrieve keys from Rabelais Hall

See below how to get to Rabelais residence hall. (Rabelais office phone number : 02.47.60.17.60)
Once you have your keys, keep on walking down the rue du Plat d'Étain, then turn on your left rue Walvein, then rue de Beaumont, and at last take on your left again rue Hélène Boucher: the residence is less than 8 minutes on foot from the Rabelais Hall!

Sanitas Hall : Boulevard de Lattre de Tassigny

(mark D on the following map) : retrieve keys from Rabelais Hall

See below how to get to Rabelais residence hall. (Rabelais office phone number : 02.47.60.17.60)
Once you have your keys, go back to the bus stop “Rabelais” and take the bus 5 (going to St Pierre Gare) and get off at the stop “Gare Vinci”. Continue on foot to reach the stop “Gare de Tours” (next to the train station) and take the tram (going to “Lycée Jean Monnet”) and get off at the “Sanitas” stop. Take rue du Hallebardier to reach the building.

St Symphorien Hall : 25 rue du pont volant

(mark E on the following map): retrieve keys directly from St Symphorien Hall

Get out of the train station and take the bus line 2 (going to “Les Douets”) at the “Gare Vinci” stop (in front of the train station). Then, get off at the “IUT” stop, cross the boulevard and go down rue du Pont Volant until you reach the hall.

Christophe Colomb Hall : 21 rue Christophe Colomb

(mark F on the following map) : retrieve keys from Rabelais Hall

See below how to get to Rabelais residence hall. (Rabelais office phone number : 02.47.60.17.60)
Once you have your keys, go back to the bus stop “Rabelais” and take the bus 5 (going to Parc Grandmont) and get off at the stop “Général Renault”. Turn on your right rue Général Renault to reach the other bus stop called “Général Renault” and take the bus line 4 (going to “Vénien”) and get off at the “Vénien” stop. Walk on rue Christophe Colomb until you reach N°21.

Europa Hall : 5, 7, 9, 11 allée Thierry d’Argenlieu

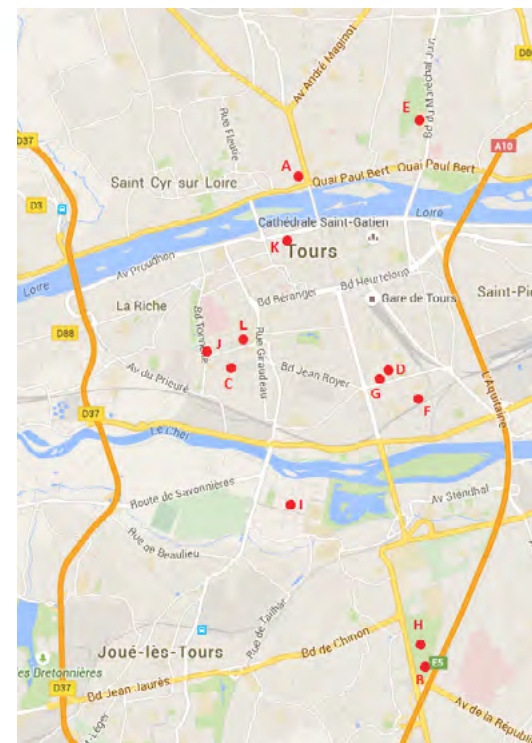
(mark G on the following map) : retrieve keys from Rabelais Hall

See below how to get to Rabelais residence hall. (Rabelais office phone number : 02.47.60.17.60)
Once you have your keys, go back to the bus stop “Rabelais” and take the bus 5 (going to St Pierre Gare), get off at the stop “Gare Vinci”. Continue on foot to reach the stop “Gare de Tours” (next to the train station) and take the tram (going to “Lycée Jean Monnet”) and get off at the “Sanitas” stop. Take rue du Hallebardier to reach the building. The hall is located at the back of Sanitas Hall. Just ask how to get there at the office. (Office phone number : 02 47 60 17 60)

Les Garennes Hall : Rue Gaspard Coriolis

(mark H on the map) : retrieve keys from Grandmont Hall, building A

See above how to go to Grandmont residence hall. (Office phone number : 02 47 25 13 43).



Technopôle Hall : 7, Allée Guy Charff (mark I on the map)

Take the tram (going to “Lycée Jean Monnet”) at the “Gare de Tours” stop (just next to the train station) and get off at the “Fac 2 Lions” stop.

The hall is opposite the Law Faculty. (Office phone number : 02 47 25 46 03).

Tonnellé Hall : 47 boulevard Tonnellé

(mark J on the map) : retrieve keys from Rabelais Hall

See below how to get to Rabelais residence hall (Rabelais office phone number : 02.47.60.17.60)
Once you have your keys, keep on walking down rue du Plat d’Étain during 7 minutes, the Tonnellé Hall is located at the end of the rue du Plat d’Étain.

Les Tanneurs Hall : 5 rue Bretonneau (mark K on the map) :

> until August 30th, retrieve keys from St Symphorien Hall (see above how to get to St Symphorien)

> from August 30th, retrieve keys directly at the Tanneurs Hall, upon appointment only (symphorien@crous-orleans-tours.fr)

Until August 30th:

Once you have your keys, go up rue du Pont Volant, cross on Boulevard du Maréchal Juin and continue to go up rue du Pont Volant across the boulevard, continue on Allée du Colonel Marnet until you come to the bus stop “Belle Isle”. At “Belle Isle”, take the bus 12 (going to Anatole France) and arrived in Anatole France, go up rue des Tanneurs and turn at the left, rue Bretonneau.

(St Symphorien office phone number: 02 47 54 22 49)

After August 30th: Get out of the train station to take the tramway (going to “Vaucanson”) at the “Gare de Tours” stop (next to the train station), and get off at “Anatole France” stop. Go up the rue des Tanneurs during 8 minutes and then, turn on your left rue Bretonneau.

Rabelais Hall : 11 rue du Plat d’Étain (L on the map): retrieve keys directly from the Rabelais Hall

Get out of the train station and take the bus line 5 (going to “Parc Grandmont”) at the “Gare Vinci” stop (in front of the train station). Then, get off at the “Rabelais” stop. Turn on the right, rue du Plat d’Étain, and walk a few minutes. (Rabelais office phone number: 02.47.60.17.60)



WHAT TO DO NEXT ?

1. CONFIRM YOUR REGISTRATION AT THE INTERNATIONAL RELATIONS OFFICE

Before you arrive, we will send you a « doodle » link on which you will have to pick a schedule to come and meet us at the UT International Relations Service. Our office is located at this address : 60 rue du plat d'Etain. Go to building A and then in the building, take a right and go at the end of the hallway.

During the meeting, we will give you an administration file that you will have to fill. We will be there to help you complete it. You will need to bring two copies of your ID and one copie of your health insurance certificate in order to finalize the administrative registration.

For the students in literature, languages, arts and human sciences faculties, we will keep the file and send it to the administrative representative in your faculty. A couple of days after the meeting (the time your file is registered), we will send you an e-mail so you can come and get your student card (see page 24) and your proof of enrollment.

For students in other areas of study, after the meeting, you will go directly to the secretariat of your faculty where the administrative in charge will give you your student card in exchange for your file (you can find the contact details of your administrative referent page 21).

2. PICK UP THE MUST-HAVE IN OUR IR FREE GARAGE SALE !

At the start of each semester, the student organization "Erasmus Student Network Tours" (ESN Tours) offers the new students crockery, household appliance, bedding, decoration, books (etc.) which have been left by the former exchange students for you ! Everything is for FREE.

You will receive more information about it after your arrival.

3. EDUCATIONAL REGISTRATION

You will need to contact your educational coordinator and meet him/her quickly in order to agree on a final learning agreement. With his/her assistance, you will also fill out an "educational contract" which you will then hand in at the registrar's office to register for classes and exams.:

YOUR CONTACTS

At the International Relations Office of the University

INTERNATIONAL RELATIONS OFFICE

60 rue du plat d'Etain - BP 12050
37020 Tours cedex 1

Phone : +33 (0)2 47 36 67 04

Fax : +33 (0)2 47 36 67 06

e-mail : internat@univ-tours.fr

website : international.univ-tours.fr

Monday through Friday : 9:00 - 12:15 / 1:30 - 5:00 p.m.

Head of the International Relations Office : Sylvie Crochet

YOUR SPECIAL CONTACT

Frédéric Soreau and Marianne Bigot

Support to foreign Erasmus students and students on agreement /
Buddy system / Accommodation

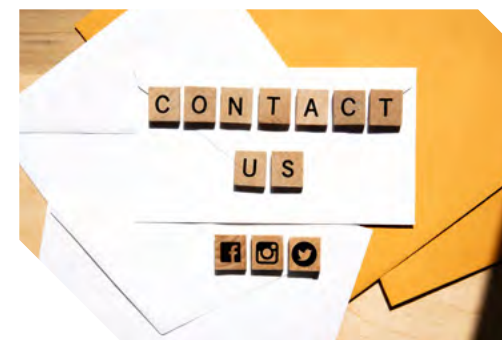
+33 (0)2 47 36 67 17 or incoming.mobility@univ-tours.fr

Aurore Leroy - Cultural Program

+33 (0)2 47 36 66 65 or aurore.leroy@univ-tours.fr

Reception

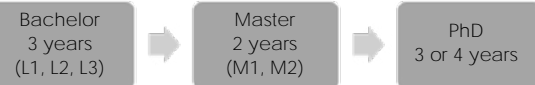
+33 (0)2 47 36 67 04 or international@univ-tours.fr



BASICS AT THE UNIVERSITY of Tours

Universities in France, called “fac” (short for “faculty”), are governed by a system that meets the European standards for higher education. It follows national guidelines and offers standardized degree courses, with a system of credits (ECTS-European Credit Transfer System) that need to be obtained for each degree.

Organisation of the university system :



CREDITS SYSTEM

It is based on the number of credits assigned to each course within an academic year. A full academic year workload requires 60 ECTS, a semester workload requires 30 ECTS, a “Licence” degree requires 180 ECTS.

ECTS are extremely useful for European foreign students: for example, a student who has validated two semesters will receive 60 ECTS. This means the student can enter the second year of a Bachelor’s degree in France since these ECTS prove that the student has validated the first year in his/her country.

HOW COURSES ARE ORGANIZED

There are variations according to courses, departments and subjects, but you’ll find a few permanent features.

You will usually have two-hour lectures (“cours magistraux” or CM), but some lectures may last up to four hours.

In addition to these, you will have tutorials (“travaux dirigés” or TD). Lectures take place in amphitheaters as they are intended for a great number of students, whereas tutorials are held in classrooms for no more than forty students.

During CMs, the professor lectures to students, while students may ask questions, participate in debates, work on drills, make oral presentations and be questioned. Most of the time, students are required to give presentations in order to assess their work in terms of personal research, group interaction and oral presentation.

In some courses, you will also have practical work (“travaux pratiques” or TP) that is carried out in laboratories (research labs, language labs, computer labs) in small groups.

WELCOME OF STUDENTS BY TEACHERS

“Office hours” do not really exist in France in the same obligatory nature as in other countries. The main reason is that in French universities teachers do not have their own offices (at best they will have an office hour in a shared room). So you may find it difficult to get in touch with some of your teachers sometimes.

Nevertheless, teachers are generally happy to answer questions and to discuss problems before or immediately after class. Individual appointments can also be made. Contact with professors depends largely on the individual student’s initiative. Do not hesitate to email them if you need to. You can find their e-mail address on the university directory : <https://www.univ-tours.fr/annuaire/>

FIRST CONTACT WITH YOUR PROFESSORS

The first time you attend a class, at the end of it, you need to introduce yourself to your teachers. Ask them for a signature on your pedagogical contract to prove that they accept you in their class.



DIFFERENT TYPES OF ASSESSMENT

The university year starts in September and ends in May or June.

It is divided in two semesters of approximately 12 weeks (see the calendar page 4 and 5).

Each semester counts equally to obtain ECTS credits and pass in the following year. Assessment is carried out in the following way :

- continuous assessment (“contrôle continu” or CC) throughout the whole semester: credits may be awarded for being present in class, participation, written tests and, most of the time, for oral presentations to your TD group and/or presentations handed in to the professor.

- final assessment (“contrôle terminal” or CT), called partial (“partiel”). As you can tell from its name, this test takes place at the end of the semester (either in December and January, or in May and June).

In order to pass, a student has to succeed both semesters. However, should he or she fail, there is a “second session” of exams.

This second session, called “retakes” (“session de rattrapage”) enables students to re-sit for their failed exams at the beginning of January and at the end of May or beginning of June.

It consists either in written tests or oral tests, depending on subjects.

TEACHING LOCATIONS

The departments providing different university courses are located throughout town :

Tanneurs campus (Faculties of Humanities, Languages, Arts & Human Sciences, University Center of French as a Foreign Language/CUEFEE)

3 rue des Tanneurs
bus stop “Faculté des Tanneurs” or “Porte de Loire”/ bus line 4
or tramway station “Porte de Loire”

The Renaissance Higher Studies Center (CESR)

59 rue Néricault Destouches
Tram stop “Nationale”

Tonnellé campus - Faculty of Medicine

10 boulevard Tonnellé.
Bus stop “Tonnellé” or “Bretonneau”/ line 4

Deux Lions / Portalis campus - Faculties of Law, Economics & Social Sciences, Engineering School “Polytech Tours”

Bus stop “2 Lions”/line 5 or tramway station “Fac 2 Lions”



Grandmont campus - Faculties of Sciences & Technology, Pharmaceutical Sciences, Department of Electrical Engineering of the IUT (University Technical Institute) and University Sports Department (SUAPS), Maison de l'Etudiant

Bus stop "Faculté de Grandmont"/line 2 or bus stop "Arsonval/line 5

Clouet campus- Faculty of Music and Musicology

5 rue François Clouet.

bus stop "Ursulines"/ Lines 2, 4 or 17

Jean Luthier campus - IUT campus (University Technical Institute)

29 rue du Pont Volant.

Bus stop "IUT"/line 2

Blois unit

50 kms from Tours, you have an IUT (technical institute), the Computer Department of the Science Department and an annex of the Law School.

HOW TO SELECT COURSES

You must prepare a learning agreement before your arrival.

The course catalogue (CCES) lists the most popular courses for exchange students.

You can access it by clicking on this link : <http://cces.univ-tours.fr/?language=EN>

You can choose the classes you want in any faculty (except in the faculty of Medicine) from the moment that these classes are validated by your home university.

N.B. : In some cases, you will need to contact the department office directly to get further details or a presentation of the subject you are interested in (each department releases one every year).

You can also download detailed pdf documents available on our website. Adjustments can be made at the beginning of the semester with the agreement of the student's home and host tutor.



ADMINISTRATIVE REFERENTS

You will find on the following page a list of administrative referents who can help you. There is one per faculty.

List of administrative referents for foreign exchange students (customized orientation, grade reports, links with International Relations Office)

Faculty	Name	First name	Tél.	Email	Office
Arts & Sciences Humaines / Lettres & Langues	Avice	Marielle	02 47 36 65 21	marielle.avice@univ-tours.fr	Site Tanneurs, 2 ^{ème} étage, bureau 201
CESR	Jossec	Marie-Christine	02 47 36 77 86	marie-christine.jossec@univ-tours.fr	CESR, Bât. N, 1 ^{er} étage
Médecine	Godeau	Florence	02 47 36 62 04	florence.godeau@univ-tours.fr	Faculté de Médecine, Bât. J, bureau J1240
Sciences & Techniques	Guignabaudet	Coralie	02 47 36 70 32	coralie.guignabaudet@univ-tours.fr	Parc de Grandmont, Bât. H, bureau 12
		Sophia	02 47 36 70 54	sophia.breton@univ-tours.fr	
Sciences Pharmaceutiques	Garel	Lucie	02 47 36 73 17	lucie.garel@univ-tours.fr	Parc de Grandmont, Bât. Y, bureau B110
Droit, Économie & Sciences Sociales	Thibault	Emmanuel	02 47 36 11 02	emmanuel.thibault@univ-tours.fr	Site Portalis, Bât. B - 2 ^{ème} étage, Bureau 226
EPU - Polytech Tours	Nour	Annabelle	02 47 36 14 91	annabelle.nour@univ-tours.fr	Site Lesseps, Rez-de-chaussée, Bureau 20
IUT Tours	Baudet	Gwenaëlle	02 47 36 75 81	gwenaelle.baudet@univ-tours.fr	IUT Tours, Pont volant Bât. A - rdc accueil
IUT Blois	Martin	Hubert	02 54 55 21 33	hubert.martin@univ-tours.fr	IUT Blois, 15 rue de la Chocolaterie Bureau A07

Information on June 30th 2019



INCREASING YOUR KNOWLEDGE OF FRENCH

At the CUEFEE (Centre Universitaire d'Enseignement du Français pour Etudiants Etrangers)
As you follow courses that you have chosen, you will soon learn to make a difference between classes of French that you had before and classes in French. Therefore, if you wish to broaden your command of the French language to express yourself more fluently or so people will understand you better, the CUEFEE is there for you. It offers language, grammar, French culture classes which will help you to know more about the language that you will need to use every day, but also about the country and the region where you are staying.

Exchange program students need to enrol per semester. You can take up to three classes at the CUEFEE. Each class lasts 2 hours and is equal to 4 ECTS.

You can ask the CUEFEE secretariat for a language level attestation at the end of the semester.

For more information about the CUEFEE, you can go on this webpage : international.univ-tours.fr/profils/apprendre-le-francais-a-l-universite-de-tours-267688.kjsp

At the CRL (Centre de Ressources en Langues / Language Resource Center)

An innovative language learning Center, the CRL allows every student to study at his/her own pace, according to his/her level thanks to multimedia supports.

A member of the teaching staff works out the student's needs during an interview. He/she defines a program that will enable the student to progress at his/her own pace, according to his/her starting level. The student is then in charge of his/her own learning process and his/her work is monitored while keeping a certain autonomy.

Intensive oral practice in small groups allows students to forget about their fears of speaking and to take part at regular intervals in debates suggested by members of the teaching staff or native assistants, during conversation sessions.

Similar in structure and equipped with a common database including all pedagogical documents, CRLs are made up of 5 working areas (audio, video/TV, reading, computers, conversation) where students choose the resources on which they will work on their own. There are currently 7 CRLs located as follows :

Tanneurs Campus, Faculty of Arts&Human Sciences and Faculty of Literature&Languages, level -1, take the entrance Z from the "Extension" part of Les Tanneurs building;
Contact : isabelle.josseau-montagne@univ-tours.fr

Grandmont Campus, Department of Sciences and Technologies, Building L, 1st floor, room 1180
Contact : beatris.barreira@univ-tours.fr

Deux Lions Campus, Department of Law, Economics and Social Sciences, building A, 2nd floor
CRL 1 room A210 for Licence students CRL 2 room A200 for 3rd year's Licence students and Master's students
Contact : charlotte.leforestier@univ-tours.fr

Deux Lions Campus, Ecole Polytechnique de Tours (site DEE/DMS) Contact : marjolaine.martin@univ-tours.fr

Tonnellé Campus, Department of Medicine, 3rd floor Contact : catherine.mccarthy@univ-tours.fr

Jean Luthier Campus, IUT, Bâtiment E, 4th floor Contact : theo.hupka@univ-tours.fr

Blois Campus, IUT of Blois, Bâtiment Jean-Jaurès, 2nd floor, room 219 Contact : christine.farmer@univ-tours.fr

YOUR LIFE AS A STUDENT IN TOURS

ORIENTATION WEEK FOR NEW STUDENTS

An orientation week for newcomers takes place at the beginning of september. During this week you will have a presentation of the university and of the educational system. It will take place from September 2nd to September 6th, 2019.



Several activities will take place during this week. See the calendar at the beginning of this booklet.

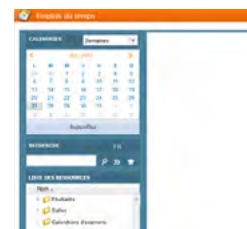
INFORMATION MEETING AT THE BEGINNING OF THE YEAR

In the beginning of each semester, the international relations office organizes an information meeting in order to present the different services. It's also a great opportunity to outline the semester cultural programme which you can participate to. You will be able to visit the region, learn more about its history, its heritage, its traditions... meanwhile spending some fun time with other exchange students from different countries all over the world.

STUDENT TIMETABLE

Since you will take classes in different faculties and in different areas, and of different levels, you will not be able to have a full timetable on the Environnement Numérique de Travail (ENT), the intranet portal. However, you can access the classes planning and therefore see the time and place of the classes you have picked by following this step by step :

1. Go on the ENT : <http://ent.univ-tours.fr/> and enter your login and password (which you will receive after the registration, once you receive your student card)
2. Click on « Emploi du temps étudiant », pick « planning 2019-2020 »
3. In the column « liste des ressources » in the left, click on this button  to unroll « Etudiants »
4. Click on the faculty (Lettres et Langues, Droit...)
5. Click on the department (English, history...)
6. Then, click on the level of the class (L1, L2, L3, M1 or M2), still using 



7. You can now find the place and time of the class which interests you



EUROPEAN STUDENT CARD

This student card is for your use only. It has your picture, your first and last names and subject on it, as well as the year you are studying in.

What you can do with this card :

- borrow books from the university libraries,
- print documents from the computers in the computer rooms of the university
- use photocopiers
- eat at the university restaurants (RU) thanks to an internet money charge system.

Your student card contains a secured e-wallet which will enable you to pay for your meals in university restaurants and cafeterias.

Your student card can be filled using your credit card:

- via the CROUS website <https://mon-espace.izly.fr/home/logon>
- via your ENT > Carte Multiservice
- at the reception of your university restaurant

It is therefore important that you take great care of it. Should you lose it, should it be stolen from you or not work, you will need to stop your e-wallet going on the CROUS website.

Then, you will be able to obtain a new card from the registrar's office but you will need to pay for a new one.



HOW TO MEET PEOPLE ?

BUDDY SYSTEM

The International Relations Office also organizes buddy system. This consists in having a French student from the University of Tours as a “buddy” who will be happy to help you during your semester or your academic year in Tours. This is a way to give foreign students a hand (the French student can help him/her upon arrival at university in general organization, to find his/her way through town, and so on) and most of all to get to know people from different backgrounds. You get to choose the language you want to speak and you can learn a lot about the way different people live, about cultural differences, and that is truly a very enriching experience.

Moreover, you can both introduce the other to another circle of friends and make new friends.

Contact Frédéric Soreau or Marianne Bigot at the International Relations Office incoming.mobility@univ-tours.fr or parrainage-ri@hotmail.fr

A “meet your buddy party” is organized by the student organization Erasmus Student Network Tours (ESN Tours) at the beginning of the semester. Check your emails for our invitation to this welcome party.

STUDENTS' ASSOCIATIONS

You will find a list of students' associations on the university website :

<https://www.univ-tours.fr/campus/vie-associative/les-associations-etudiantes-511368.kjsp?RH=1512571710458>



Association ESN Tours

Erasmus Student Network Tours is a student organisation mainly dedicated to international exchange students.

It offers many activities (cultural outings, international dinners, French cooking masterclasses, guided visits of Tours and its heritage, cinema, ice-skating, karaoke parties...) all year long!

Facebook: ESN Tours

THE CAFÉ DES LANGUES

If you wish to meet students from other countries and speak other languages, you can go to the Café des Langues on Mondays from 8:30 p.m.. It is located in the Café-Restaurant “NewLita” which is 17, Place Jean Jaurès in Tours.

Phone number : 02 47 60 98 65

OTHER SUGGESTIONS

The courses you will attend are also a good way to meet French or foreign students. So that is a good place to start. You will at least have one thing in common. When you find yourself in small groups, in tutorials, for instance, take this opportunity to start up a conversation, introduce yourself, don't stay alone, as French students often won't come straight out to you because they already know each other. Sports, music, cultural activities all constitute opportunities to interact.

LIBRARIES



UNIVERSITY LIBRARIES (BU –BIBLIOTHÈQUES UNIVERSITAIRES)

There are several university libraries in different locations and departments. Tours university students have free access to them and books can be borrowed at no charge, except for inter-library loans (for which you will be asked to pay transport costs except if you are in a master degree).

Your Atout'Centre student card will enable you to borrow the books you need thanks to its microchip.

You can access your reader's account from any computer connected to the Internet by using your login.

This way, you can manage your loans, consult the online catalog, reserve one or several books and extend the loan period.

You can check the library schedule and real-time occupancy if you download the app « Affluences » (free app).

BU of Humanities and Languages, Arts and Human Sciences : it is located on the Tanneurs campus (5, rue des Tanneurs) and includes books on arts, history, languages and literature, philosophy, psychology, religion, and social sciences. On the fourth floor, you will also find the library specialized (BS) in history, art history and archeology.

BU of Law, Economic sciences and Geography : 50 avenue Jean Portalis, on the Deux Lions campus. You will find books about law, history, economics, political sciences, geography, social sciences, management and town planning.

Research library of the Law Faculty : located on the Deux Lions campus , 50 avenue Jean Portalis, it is open only to Master 2 and Doctorate students and teaching staff members. Fields of specialization : public law, private law and community law.

BU of Medicine : located on the premises of the Bretonneau Hospital at 10 boulevard Tonnellé, you will find books about basic sciences, clinical sciences and human sciences.

BU of Sciences and Pharmacy : located on the Grandmont campus, Grandmont park, it is specialized in fields such as sciences and techniques, engineering science, computer science and pharmaceutical sciences.

Library of the Philosophy Department : it is located in les Tanneurs, room 422, and comprises philosophy books.

Library of the Renaissance Higher Study Center (CESR) : It is located in the building of the CESR, at 59, rue Néricault Destouches.

BMT (Bibliothèque Musicale de Touraine) : the Musical library of Touraine is located on the premises of the Music and Musicology Department, 2 ter rue des Ursulines. You can listen to music and consult books about musicology, musical theory, music, historiography, music instruments, instrumental music, history and critic, ethnology, jazz, musical notation, study and teaching, and printed music.



Library of IEHCA (Institut Européen d'Histoire et Cultures de l'Alimentation – European Institute of Food History and food cultures) : located at 116 boulevard Béranger, it offers study fields such as food, food habits, beverages, gastronomy and dietary behaviors.

Documentation Center of the Maison des Sciences de l'Homme “Villes et Territoires”: located on the Deux Lions campus, at 33, allée Ferdinand de Lesseps. Only teaching staff members, researchers, postgraduates in “ Sciences de l'Homme et de la Société “ and Master 2 students (under certain conditions) may have access to this. Fields covered are town and country planning, environment and architecture.

Documentation Center of the Engineering School of the university of Tours (Polytech'Tours) : located on the Deux Lions campus at 64, avenue Jean Portalis. You will find computer science, mathematics, mechanics, electronics, engineering, robotics and managements books.

Documentation Center of the Engineering School of the university of Tours (Polytech'Tours), Development Department, located on the Deux Lions campus at 35 allée Ferdinand de Lesseps. You will find books about national and regional development, town planning, environment and architecture.

Library of the Mathematics and theoretical physics Laboratory : located at Grandmont Park, only teaching staff members, researchers, M2 students in Mathematics and Physics and authorized readers may access this library. It includes books on mathematics and physics.

Library of the IUT (Institut Universitaire de Technologie – Technical University Institute) : located on the premises of the IUT, 29, rue du Pont Volant. Fields covered are as follows : computer science, information technology, psychology, sociology, economics, law, biology, electronics, food, management and sports.

Blois Library : located at 6 place Jean Jaurès in Blois, it comprises the following fields : computer science and telecommunications, engineering sciences, landscaping, legal sciences and social sciences.

MUNICIPAL LIBRARIES (OR BM)

BMs are located throughout town and their access is free of charge. Registration is free for students under the age of 25 and costs 11.50€ for 25-year-olds and over.

To consult or borrow books, all you need to do is request a reader's card from one of the desks.



Here is a googlemap on which you can locate the different libraries :

www.google.com/maps/d/viewer?mid=1bwr3urVq4erzhcHr7AmOddC3xQIXzerM&ll=47.39104051637221%2C0.695013900000049&z=13

DOCUMENTATION CENTERS

In addition to libraries, you can use private documentation centers that are also open to the general public.

Each of them has its own opening hours and rules, but here are two that we recommend.

The Library of the Studio movie theaters (7 rue des ursulines) : it offers the best collection of books dedicated to the movie industry in the whole region and puts them at the disposal of the general public. You can consult periodicals, photos, press kits and other resources and borrow books for 2 weeks.

The Library of the Natural History Museum (3 rue de Président Merville) : you will find books about life sciences, geology and so on.

WHERE CAN YOU FIND THE BOOKS YOU NEED ?

First of all, in University libraries, as well as in the documentation centers we just talked about.

But if you wish to buy books, here are the main places where you can find what you need.

BOOKSTORES

There are general book stores in the main streets of Tours, such as FNAC in the shopping arcade off rue Nationale, or " la boîte à livres" rue Nationale.

You may also feel like or need books in a foreign language. You will find them at "la boîte à livres de l'étranger", 71 rue du Commerce. For more specialized books (philosophy, medicine, law, trade and so on), you can go to FNAC, to the bookstore called "Le Livre" located at Place du grand marché, next to the statue of the monster or the bookstore called "Unithèque" located at the corner of Rue du Commerce and Rue Paul-Louis Courier, number 71.

SECONDHAND BOOKS

You can find secondhand books at discount prices compared to new ones :

- "J'ai les bulles", 82 rue du Commerce (more specialized in comic books, leisure, etc).
- "La librairie Theureau" , 55 rue de la Scellerie (specialized in old books, engravings)
- "L'oiseau Lire" , 88bis rue des halles (new books at low prices or secondhand books)
- "Lire au Jardin" , 5 rue Constantine

Another option is to read the ads you'll see posted on the notice boards in the corridors of the university. Among them, there are always lists of secondhand books students want to sell because they don't need them anymore with their phone numbers. In terms of price, this is really worthwhile.

Finally, you can go on the Internet to buy new or secondhand books that you cannot find elsewhere.

OTHER USEFUL SERVICES FOR YOUR CLASSES

You may need to print some documents, make copies, or bind pages you have prepared. Here are a few places where you can do that.

TO PRINT

As explained in "Everyday life" p.48, you can print from a university computer (in computer rooms) on copiers/printers with the student card (providing of course it is credited ; you can fill your student card via your ENT or on the CROUS website).

To manage your printing account and get all the useful information (prices, printers' locations, your printing record...), go in your ENT > Carte Multiservice or on imprimer.univ-tours.fr

TO MAKE COPIES

Likewise, you can use machines in the corridors of the university to make black and white copies.

TO BIND

Regarding binding, copies and printing (both color and black-and-white), you can also go to printing shops located, for instance, next to the Tanneurs : Copifac and Corep. They both offer very reasonable prices for this type of service, but there are others throughout town.



SPORT AND CULTURE

PHYSICAL ACTIVITIES AND SPORTS

Thanks to SUAPS (Service Universitaire des Activités Physiques et Sportives), you can practice different sports during the first and second semesters. All you need to do is sign up on ENT (Environnement Numérique de Travail, your electronic student portal) for classes and activities you are interested in. Please consult the SUAPS website for further information : <https://www.univ-tours.fr/campus/sport/>

NOTE : try to do this as soon as you can, as there are often many people for few places. If you are on a waiting list, don't hesitate to consult your ENT regularly, as your registration progress will be updated there.

Sports classes may provide validation of some ECTS credits (it's then called "sport bonifiant") providing you come regularly to sessions and /or you have reached a certain level, but you can also practice sports just for fun.



The Sport Pack

This is intended for all students. It costs 25€. You can get it when you come to process with your administrative registration at the International Relations Office. It enables you to practice up to 3 physical and sports activities and entitles you to many advantages.

Thanks to this, you can take part in sports periods, events (badminton night, U ride a bike, event weekends), sports challenges and competitions in general. You will also get discounts at our different sports partners' outside campus (various sports clubs, fitness/weight lifting clubs, and so on).

So don't forget to register at the beginning of September for the first semester and at the beginning of January for the second !

CULTURAL AND ARTISTIC ACTIVITIES OFFERED BY THE OFFICE OF CULTURAL AFFAIRS

Supervised artistic activities can be evaluated and credited with ECTS points for a semester or an academic year at the University of Tours.

Singing, theater or writing workshops are offered each year. Students can also join EVUT (Ensemble Vocal Universitaire de Tours) if they pass the audition: <http://evut37.blogspot.com/> Contact : evut37@gmail.com

Thanks to an agreement, the college of arts in Tours can propose to international students artistic activities that are not available at the university. For more information please contact the Office of Cultural Affairs.

The university orchestra – OUT: Orchestre Universitaire de Tours - is a students' association for musicians of all levels – please note that there is no evaluation: <http://orchestre-univ-tours.org>



Cultural passport for students

It comes in the form of a little sticker on your student card. Once you've purchased it, it will give you access to many theaters, exhibitions, shows, music and dance events for free!

Get it with your registration at the university or at the Cultural Service Office (Tanneurs, 109 bis). You will need to pay 8€ and provide a passport-size photo (as it is a personal pass and no lending is allowed).

Go on the website to discover every cultural partner institution and its special discounts: pce.univ-tours.fr



THE CULTURAL PROGRAM OFFERED BY THE INTERNATIONAL RELATIONS OFFICE

The university's International Relations Office (DRI) organizes a program of cultural outings for exchange program students. This program aims at helping you to learn about the heritage, history, gastronomy, architecture, in short how rich Touraine is, through afternoons, days or weekends in Tours and its region, or further afield (Versailles, Mont-Saint-Michel...). The International Relations Office will introduce this program to you during the information meeting organized at the beginning of each semester.

We offer you these activities at low prices in order to make it accessible for as many of you as possible and therefore to take advantage of your stay with us.

You can have a look at our program on the university website (go into the "cultural programme" section) :

<http://international.univ-tours.fr/profils-en/exchange-students-286239.kjsp?RH=1324205065776>

THE STUDIO CINEMAS

This independent movie theater offers you to subscribe in order to get a very attractive price to watch films : www.studiocine.com

One-year subscription (from 18 to 26 years old) : 13€

One-year subscription for a PCE holder : free

One ticket with a subscription : 4,10€

One ticket without a subscription : 7,20€

There are many advantages to subscribing beyond that of ticket price :

- you will see films in their original language with French subtitles, which is a good exercise for you

- you will be able to use the cafeteria which offers a selection of home-made and fresh dishes prepared by the members of the association each day.

- you will receive each month, free of charge, the magazine called "Les Carnets des Studios",

which presents the films of the month, the weekly schedule of showings, articles about movie news, "Studio" news, guest directors, festivals or other events and interviews.



“GREETERS”

These volunteers of any age and any horizon offer you a friendly visit of the town: a nice opportunity to discover Tours through the eyes of a “tourangeau”! You can choose your “Greeter” depending on his/her interests www.loirevalleygreeters.com

NATIONAL MUSEUMS AND OTHER HISTORICAL SITES

When you're sightseeing, don't forget to say you're a student. Showing your student card will usually get you a discount ticket (even free entrance in most cases, if you're an art student). Moreover, if you're under 25 years old and from an EU member state, you will have free access to national museums (all you need to do is check whether the museum is a national museum or a privately owned museum).

It goes without saying that you are in Tours to study, but once in France, you can also take advantage of weekends, national holidays (1st November, 11th November, 1st May, 8th May, Ascension Day (always on a Thursday in France), Whit Monday) and also breaks (two weeks at Christmas, one week in February, two weeks at Easter) to explore the region or more on your own !

Tours is a town well served by public transport and it is easy to go wherever you want.

TRIPS

If you go on a tour of France during university breaks, you will always have several types of accommodation at your disposal.

Here are a few of them :

- camping grounds : make sure they have vacancies before you leave ! Call the Tourist information Center or the camping ground you have selected and make a reservation.
 - youth hostels : likewise, you will need to book a bed by calling the youth hostel (Auberge de Jeunesse – AJ) or to make a reservation (www.fuaj.org). Moreover, the website or the person you talk to will recommend places to go, things to see, places to eat typical food, where to start, and so on. The website also gives you a lot of tips (e.g. combos youth hostel + meal or youth hostel + bus).
 - the “gîtes de France” (www.gites-de-france.com) are also a good way to limit the cost of your stay. Self-catering cottage, bed-and-breakfasts, lodges, camping grounds and chalets can accommodate you wherever you go.
 - and finally, for the boldest travelers, you can also stay at people's places on a couch or in their spare bedroom. This website www.couchsurfing.org will help you to find people who agree to put you up wherever you are.
- Read instructions carefully and, most of all, don't go on your own. Better safe than sorry.

VOLUNTEERING

Being a volunteer is an excellent way for meeting new people and helping someone at the same time. Be sure to have some time available in a regularly way and a sufficient French level.

Then you can go on the website “France Bénévolat”, select the town and the mission type you are interested in: www.francebenevolat.org/benevoles

You can also find on this page the list of all the associations in Tours according to the theme or the area you are interested in : <http://asso.tours.fr/>



YOUR ACCOMMODATION

WHERE TO FIND ACCOMMODATION IN TOURS

There are different types of accommodation in Tours.

UNIVERSITY RESIDENCE HALLS

CROUS is the French organization that helps students with accommodations, catering, scholarships and much more. There are 12 university halls throughout the town, for more details and pictures go to

<https://www.crous-orleans-tours.fr/logements/nos-residences/tours/>

Note : Vacancies are limited. It is therefore highly recommended that you apply for a room as soon as possible.

To do so, contact Frédéric Soreau or Marianne Bigot, who gathers all the exchange program students' applications : incoming.mobility@univ-tours.fr

Who is entitled to these ?

You must be :

- either in an international program or agreement (intergovernmental program which entitles you to a scholarship from the French government or a foreign country, inter-university program).
- or in 2nd year Master or Doctorate, as an individual student

Type of accommodation - Budget required

Rent : - 9 m² individual room (224 to 255€ a month, 2018-2019 rates)

- 12.5 m² individual room (267€, 2018-2019 rates)

- 18 m² individual studio apartment (335 to 395€ a month, 2018-2019 rates)

- 36 m² apartment with cotenants (335 € per person, 2018-2019 rates)

Deposit : one month's rent

Guarantor : the guarantor needs to reside in the European Union (he/she would be the one paying if you were not able to do so yourself ; for further details, refer to “A few valuable tips” page 36).

Visale for students who are under 30 : <https://www.visale.fr/#/>

Duration of stay : A 9-to-12-month contract is compulsory depending on the type of accommodation, except for Erasmus students and exchange program students who are not subject to such an obligation.

Note : in both cases, applications need to be filled by :

- May 31th for students staying in Tours over the 1st semester or for the whole year 2019-2020

- November 29th for students staying in Tours over the 2nd semester 2019-2020

Please contact Frédéric Soreau or Marianne Bigot to get an accommodation application : incoming.mobility@univ-tours.fr

Amenities

- There are no kitchenettes in rooms (studio apartments have one), but students living on the same floor share a kitchen to prepare their meals. Rooms include a refrigerator.
- A room includes at least a single bed with a mattress, a desk and a chair, a book shelf, a closet or cupboard. Most of them also have a shower room with toilet and sink or at least a bathroom sink (in that case, there are showers on each floor).
- Residence halls provide Laundromats, cleaning gear (broom, dustpan), computer rooms with Internet access, working rooms and TV rooms (please check specifics for each residence hall).
- All of them are served by the bus service of the town of Tours.
- In compliance with regulations, smoking is prohibited inside residence halls.

Things you will (usually) need to bring with you

- bed linen, continental quilts and pillows (but you may request these from your residence hall under certain loan conditions)
- bath towels
- dishes, kitchen utensil
- kettles, coffee makers and other household equipment (radio alarm clock for instance)
- telephone

Note : voltage in France is 220V (volts). If it is different in your country, get an adapter to use your electrical appliances. You will find those in supermarkets.

PRIVATE RENTALS

There are also rooms and studio apartments or apartments, furnished or not, that you can rent from private individuals. For this type of accommodation, you will need to be autonomous and talk to the landlord directly. The university can't guarantee the quality of a private accommodation.

The University of Tours has now its own online platform to offer and find student accommodation (private room, apartment, shared rental....) :

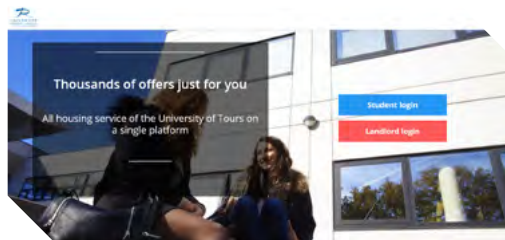
<https://univ-tours.studapart.com/fr/>

Once you sign up, if you are not a student of the University of Tours yet, enter the following code: HOUSINGUNIVTOURS.

The name of the provider is « Studapart » and they have their own system of guarantor for the students.

Classified ads

- o www.lokaviz.fr/
- o www.housinganywhere.com
- o <https://logement.studyrama.com>
- o [www.paruvendu .fr](http://www.paruvendu.fr)
- o www.leboncoin.fr
- o www.pap.fr



- You can look ads up in the local newspaper “La Nouvelle République” (www.lanouvellerepublique.fr) or in free sheets, or else enquire through agencies (but you need to know that they will charge you fees that are often higher than a month's rent).

- You can have a look at notice boards in the university corridors or even leave a message yourself. You can also ask students who came to study in Tours previously before you leave to know more about their personal experience.

- Apartment share can also be a good choice and some websites can help you with that : www.appartager.com

Other options

Un Toit en Partage: Intergenerational accommodation concept. The idea is very simple: get together young people in search of an accommodation with people who need some income supplement, some housework sharing, or just some company. www.asso-jeunesse-habitat.org or contact@asso-jeunesse-habitat.org
Phone: 02.47.60.51.51

- Bed & School : It's an estate agency which offers services more adapted to the students. You can find simple flats, roommates or you can even rent a private room in a flat where you are going to share the communal areas (kitchen, bathroom...). Most often, accommodations already have web connections, are already furnished and the charges are included too. You can find an accommodation over 300/350€. A guarantor is often asked to rent a flat but it can be possible to find a solution with this estate agency.

Contact : Bed&School, 37 Rue Néricault Destouches, 37000 TOURS
Phone: 02 47 60 19 92 Mail: tours@bedandschool.com
www.bedandschool.com

REAL ESTATE AGENCIES

There are always agency fees. They usually amount to a month's rent. Agencies often request a person from the family to stand as a guarantor for the tenant.

TEMPORARY ACCOMMODATION

If you arrive too late in Tours to pick up your keys from the residence hall office or if you do not wish to stay in a residence hall and have not yet found a place to stay, you will need to find a place to spend one night or more.

You have several options :

- From september 2019, a new **youth hostel** will open in town (86 avenue de Grammont) and will give you access to small price rooms.

- A **hotel** for one or more nights. In that case, you can have a look at the non-exhaustive list on the following page. Rates are in Euros and you need to add a tourist tax of 0.99€ to 1€ a night per person.

- **Air BnB** is a website where you will find accommodation offers for a few days. These offers are published by private owners, for a short stay. When compared with real estate agencies, you can often find good quality offers with lower prices : www.airbnb.com

- **The couch surfing** is a temporary hosting service from person to person. Before anything, the users need to define the terms of the stay (price, meeting, hosting conditions, etc) by mutual agreement. www.couchsurfing.org

A FEW VALUABLE TIPS

LEASE (OR RENTAL CONTRACT) :

This is an official document that both you and the landlord will need to sign. A lease lasts for one year. However, if you want to leave your rented apartment before the end of the contract, you will need to give a notice to the landlord one to three months before leaving (depends on the contract: 1 month for a furnished flat/3 months for an unfurnished flat). Should you not meet this requirement, the landlord may retain all or part of your deposit (see below).

DEPOSIT :

This is a month's rent (service charges not included) that you will need to pay upon signing the rental contract. It will be returned to you within 2 months at the latest after you leave the accommodation, unless things have been damaged or you forgot about the three months' notice. In university residence halls, you must set an appointment one week before you leave in order to do the inventory of fixtures. Precise that you want to get back your security deposit by cash the day of your departure.

GUARANTOR :

In most cases, the landlord, whether private or institutional, will require a guarantor, i.e. a person (a relative or friend) or a legal entity (organization, association, etc) who commits in writing to pay the rent should you fail to do so.

If you don't have a physical warrant in France, the Visale system exists and will enable you to have a legal entity as a warrant. In order to get access to Visale, the tenant has to obtain, before he signs the lease, a « visa » certified by « Action Logement » and offering the guarantee to the landlord that the tenant is eligible.

More information about Visale here : www.actionlogement.fr/la-garantie-visale/

The university support for private housing also enables to have a warrant via Studapart.

More information here :

<https://www.studapart.com/en/help-and-advice/finding-your-home/the-guarantor>

INVENTORY OF FIXTURES :

This is a description of the state of the accommodation and its contents room per room, including amenities. There will be two copies of it and these 2 copies will both be signed on the premises by yourself and the landlord upon receipt of the keys and when you leave. Don't hesitate to test taps and toilet flush to detect potential leaks. Check for holes in the walls, humidity or mold spots, parasites, unglued wallpaper, broken tiles, and so on, and be sure to mention all these important details so you will not be held responsible for them when you leave.

INSURANCE :

As a renter, you have to take out a comprehensive home insurance policy called in French "Multirisques habitation", which covers fire, water damage, theft and so on and includes civil liability (refer to "Your Insurance policies" p.39).

SERVICE CHARGES (DOES NOT APPLY FOR RESIDENCE HALLS) :

Usually include cold water, cleaning of common parts, caretaking fees and heating when it's collective.

Enquiring about heating costs is really important, because they can be quite high if the place is not well insulated.



STANDING CHARGES :

Electricity, gas, water, phone, Internet are payable by the renter. There are now several electricity and gas providers, you are free to choose whichever. Here are the most important national suppliers :

Electricity provider contact (EDF) :

Call an EDF advisor 09 69 32 15 15

www.edf-bleuciel.fr

Gas provider contact (GDF-> New name: ENGIE) :

Call an ENGIE advisor 09 69 39 99 93

www.dolcevisa.gazdefrance.fr

Véolia-Compagnie générale des eaux (Water provider):

Phone : 0 969 323 529 (local call)

www.eau.veolia.fr

Upon arrival and departure, remember to take note of your energy consumptions by checking meters. At the end of your stay and before leaving France, don't forget to terminate all your contracts.

USING THE PHONE AND THE INTERNET :

Refer to "Everyday life" > Means of communication, page 48.

LOCAL RESIDENCE TAX (DOES NOT APPLY FOR RESIDENCE HALLS) :

This is a tax the renter is required to pay if he/she was staying in the accommodation on Jan. 1st of the current year. It is payable once a year to the Tax Office. You should ask the owner about the amount before moving in the flat. You should be able to arrange with the owner some monthly payment included to your rent.

HOUSING SUBSIDY (CAF)

You can get a housing subsidy provided by Caisse d'Allocations Familiales (Welfare office) if your residence permit is in order with authorities. To do so, you will need to provide online data and fill out an application that you will then need to print out and file at the CAFIL office (Caisse d'Allocations Familiales d'Indre et Loire), 1 rue Alexander Fleming : www.caf.fr

To be entitled to housing subsidy, you need :

- to be a student,
- to rent a housing yourself and your name needs to show on the lease,
- to have no dependent child.

Before filling out the online form, have the following things at hand :

- the full housing address
 - name and address of the organization paying your scholarship if you have one based on social criteria,
 - your yearly incomes in 2017-2018 and in 2018-2019
 - your bank information with your IBAN and BIC numbers. If you don't have these data, you will need to open a bank account in France (see section « your bank account on the next page).
- Don't forget to have your birth certificate translated in French by a sworn-in translator. It's a document the CAF will ask you. Without it, your file will not be processed by the CAF

In order to make an estimate of the housing assistance you may have, you can go on the CAF website :: <http://www.caf.fr/allocataires/mes-services-en-ligne/faire-une-simulation> >

Vous n'êtes pas allocataire>Le logement

N.B. this is an estimate, the amount of the housing assistance calculated by the CAF may be different because they check your situation at the moment you ask for the assistance for the housing in question.

YOUR INSURANCE POLICIES

When you arrive at university, you will be required to buy an insurance policy if you don't have one.

You therefore need to find the ones that will cover you in all circumstances (sickness, housing, civil liability and so on).

HEALTH INSURANCE

In France, it is mandatory to have health insurance and this is called "Social Security". The official organization in charge of this is called "Caisse Primaire d'Assurance Maladie" (CPAM). "

REGISTRATION TO STUDENT "SOCIAL SECURITY"

ATTENTION, any health insurance contract or health insurance card you will buy must be valid for the length of your entire stay.

- **Erasmus students from the EU** : you must possess the European Health Insurance Card or subscribe a contract to a private insurance before you arrive in Tours.

- **Non-EU exchange students** : you must subscribe a contract to a private insurance that will cover you while doing your studies abroad.

- **If you don't possess the European Health Insurance Card or a private insurance**, then the affiliation to the "social security" is mandatory. You will have to do it online on this website : etudiant-etranger.ameli.fr

This basic health coverage provides reimbursement up to roughly 70% of medical care.

ADDITIONAL HEALTH INSURANCE

Registering with social security allows you to receive reimbursement for part of your medical bills : medical consultations, pharmacy bills, medical analysis fees, hospital fees.

To have additional reimbursements, you can take out an additional health insurance policy (called "mutuelle" in French). This is not mandatory, but highly recommended , so that you can get the best reimbursement of your health related expenses.

CIVIL LIABILITY

This is an insurance policy that enables you to compensate damages caused to another person. You may also be liable for damages caused by people or objects dependent on you.

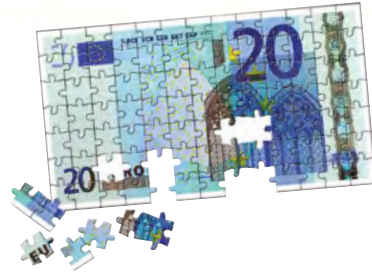
It is mandatory for you to take out a home insurance policy. Some insurance policies include limited civil liability.

Enquire to know what damages and repairs your insurance policy includes.

ACCOMMODATION INSURANCE

It is mandatory to have one from the moment you enter your accommodation for the first time. It costs around 30€ and can be bought online or upon your arrival.





YOUR MONEY

Remember to have Euros if you come from a country outside the Euro zone. It is clearly much easier to have some money from the country in which you are if you just need to buy a coffee or a sandwich (foreign exchange offices are not open 24/7). You can exchange your money at your bank before leaving or upon arrival at the airport.

However, if you arrive in Tours without any euros, you will find an exchange office near to the train station (60 rue Bernard-Palissy) and another one at the central post office (boulevard Béranger).

You can also withdraw money from an ATM (Distributeur Automatique de Billets or DAB), if you hold an international credit card.

For security reasons, do not carry too much money in cash with you.

YOUR BANK ACCOUNT

You do not have to open a bank account and you may well choose to keep your account at home, but it is however highly recommended to open one here in France (it can even be requested for CAF or EDF matters).

Any foreigner residing for over three months in France may open a bank account to get a checkbook and/or a bank card.

There are two types of bank cards :

- Basic withdrawal cards used only to withdraw money from your bank's Automatic Teller Machines 24/7.

- Withdrawal and credit cards used both to withdraw money from any ATM and to pay for your purchases in shops.

Banks charge you around 30-40€ per year (student rate).

To open a bank account, you will need to provide the following :

- identification (passport, visa, residence permit)
- a proof of where you live (phone or electricity bill, rent receipt, copy of your accommodation insurance)
- a student card
- documents to show proof of your incomes
- a deposit of 20€ at least.
- a copy of your visa may sometimes be asked by the bank

Banks charge all of their services, but at various rates, with different offers and options (type of bank card, online service, authorized overdrafts, and so on).

It's up to you to decide which is the best option between keeping your account in your home country or opening one in France.

Do not forget to close your bank account before you leave and get back the money eventually left.



YOUR HEALTH / DISABILITY

DOCTORS



If you happen to be sick, make an appointment with a doctor. You may choose one close to where you live by looking one up in the Yellow Pages (phone directory where people are listed according to their jobs: www.pagesjaunes.fr) for instance or by looking for their golden plates on the front of their offices when you walk in the streets. A consultation at a general practitioner's usually costs 25 € and you will be partially or totally refunded according to your health insurance.

Please note that you will have to make an appointment by phone and go to the doctor's office for your appointment. You can make an appointment on the phone or on internet on this website : www.doctolib.fr

If you are unable to, call a doctor who will tell you whether or not he/she makes house calls. If the doctor cannot come, you can call a service called "SOS Médecins" at this number 02 47 38 33 33.

If you are sick on a Sunday or a national holiday, there's always a doctor on duty and you can get his/her number by dialing 17 (Police Department). However, please note that in that case, the doctor's fees will be higher. SOS Médecins also has a facility where you can take an appointment if you get sick on a week-end : 19, rue de la Dolve (next to Jean-Jaurès). It even works during the night, in case of an emergency, if you cannot move. If it's an emergency, dial 18 directly or 112 (European emergency number) or 15 (SAMU: accident and emergency doctor).

There is also a preventive medicine office at university (refer to "Useful numbers and addresses"). Consultations are free. Beforehand, think about setting an appointment.

More information here : www.univ-tours.fr/campus/sante/service-de-sante-universitaire-ssu--152125.kjsp?RH=1512572791353

PHARMACIES

The doctor will give you a prescription with the medicine you need to buy from the pharmacy.

Choose the closest one to your place because, if you need to renew a treatment or if they do not have all the medicine you need, you will have to go back. In addition to this, your file will be registered there and you won't have to provide all your documents each time.

With French additional health insurance ("mutuelles"), if you show your insurance card, you won't have to pay anything. The pharmacy will be paid directly by Social Security and the additional health insurance.

However, beware ! Some prescriptions cannot be reimbursed and you will need to pay for your medicine, but the doctor or pharmacist should let you know about any exception.

If you need to go to a pharmacy on a Sunday, Monday morning, national holiday or during the night, there is always a pharmacy on duty. Just call the police (17) to know the name and address. You can also check at the website which lists pharmacies on duty: www.3237.fr

You may also find the name and address of the pharmacy on duty posted on your local pharmacy's door.

DISABLED STUDENTS

Intended for students who face or are facing health issues or disability, the "Mission Handicap" implements global and customized actions to take into account the student's needs in order for him/her to make the best of his/her study plans and student life (courses, culture, sports, social life) and optimize his/her autonomy.

More information here : www.univ-tours.fr/l-universite/nos-valeurs/mission-handicap/mission-handicap-253422.kjsp

There are specific regulatory measures regarding tests and exams. If you request those, you must make an appointment at the "Mission Handicap" - 60 rue du Plat d'Étain, bâtiment H, 1st floor, 37020 Tours cedex 1 Office open to students - Phone number : 02 47 36 68 39 from 9:00 a.m. to 5:30 p.m. preferably by appointment one month at the latest before the beginning of your exams (refer to exam charter).

"Mission Handicap" aims at :

- advising students on courses to follow and helping them during their studies
- adjusting studies and exams to students
- assisting students for their integration into the active world
- heightening staff awareness to disability





USEFUL PHONE NUMBERS AND ADDRESSES

EMERGENCY PHONE NUMBERS

Fire Department	18
SAMU (Health Emergency Service)	15
Police	17
European Emergency Number	112
SOS Médecin (House calls)	02 47 38 33 33
SOS Dentiste	02 47 05 67 20

HEALTH

Hôpital Trousseau (Tours sud) / Bretonneau (Tours Centre) Trousseau : general emergencies. Bretonneau : eye and gynecological emergencies.	02 47 47 47 47
Clinique de l' Alliance (St Cyr sur Loire) General emergencies also, but in the northern part of Tours.	02 47 88 37 37
Severe burns and poison control center	02 47 66 15 15

UNIVERSITY MEDICINE - SERVICE DE SANTÉ UNIVERSITAIRE

60 rue du Plat d'Étain, bâtiment H, 37020 Tours cedex 1 **02 47 36 77 00**

Physical examinations, but also consultations carried out by professionals : doctors, nurses, social workers.

You can also have free specialized consultations : psychological support, psychiatry, sexology, dietetics and nutrition, gynecology, contraception, dermatology and STDs (sexually transmitted diseases), sports medicine and health monitoring of top athletes, dental hygiene and vaccinations.

SOCIAL WORKER

Phone : **02 47 36 77 08**
Fax : 02 47 36 77 12
Email : ssu@univ-tours.fr

By appointment, you can meet a social worker at the University Office for Health - Service de Santé Universitaire (S.S.U), 60 rue du Plat d'Étain, bâtiment H

AMBULANCES

- Ambulances Barthès-Jussieu : **02 47 27 24 24**
- Harmonie Ambulance – Indre et Loire : **02 47 05 34 99**
- Didier Ambulance : **02 47 38 70 50**

TAXI

02 47 20 30 40

www.taxis-tours.fr or thanks to the smartphone app Taxis Tours
The main taxi rank is located in front of the Tours train station.
This service is particularly useful as buses do not operate after 1 :00 a.m.



UBER

Order a private driver to get to a pre definite place via the Uber App.
Usually cheaper than a taxi.
More information here : www.uber.com/en-FR/cities/tours/



LISTENING

SOS amitié	09 72 39 40 50	http://sos-amitie.org
SOS Help (English speaking)	01 46 21 46 46	http://soshelpline.org



YOUR EVERYDAY LIFE

FOOD



France has a great cooking tradition and especially something called “un terroir”, produce that is typical in each region and that you will find in gourmet menus. The climate, geology and history all nurture this diversity.

The Touraine is well known for its wines (red, white or rosé, sparkling or still), its “rillettes and rillons” (made with cooked pork meat), its goat’s milk cheese (Sainte-Maure-de-Touraine), its “poires tapées” (pears candied in wine), its fine chocolates, and so on.

Furthermore, as every town in France, Tours hosts numerous outdoor markets where producers come to sell their fresh fruit and vegetables, poultry, cheese and fish.

There are many in the town center, usually open from 8:00 am to 12:30 pm :

- place Velpeau on Sunday mornings
- place des Halles on Wednesday and Saturday mornings
- at “Sanitas” in St Paul on Tuesday and Friday mornings
- boulevard Heurteloup on Tuesday mornings
- Paul Bert (quai Paul Bert) also on Tuesday mornings
- Beaujardin Wednesday and Saturday mornings
- place du Président Coty (Saint Symphorien) on Wednesday and Saturday mornings
- at the “Fontaines” on Wednesday and Saturday mornings
- place Rabelais on Sunday mornings
- gourmet market on the first Friday of each month, place de la Résistance from 4 p.m. to 8 30 p.m.

French people usually have three meals a day.

Breakfast in the morning is usually based on sugary food and is taken at home before going to work.

Lunch from approximately 12 to 1 p.m. is eaten at home, at work, in canteens, restaurants or cafeterias. Please note that during lunch time, most of the offices are closed.

This is usually a full sit-down meal, but people on a busy working schedule only have a sandwich that they eat in the street.

Dinner from 7 to 8 p.m. is also a full sit-down meal, but sometimes lighter than lunch.

A typical meal includes a starter (raw vegetables with dressing, delicatessen, small fish), a main dish of meat or fish with one or two side dishes as vegetables or pasta, potatoes or starch food, cheese or a dairy produce (a yogurt for instance) and a dessert. The dessert can be standard (fruit, yogurt, stewed fruit) or more sophisticated (piece of pie or tart, ice cream and so on). A cup of coffee or a hot beverage (tea, herbal tea) ends the meal.

WHERE TO EAT ?

- You can eat for a low price (3.25€ a meal (starter, main dish, cheese and dessert) in 2018/2019) in a university restaurant (RU).

The RU and cafeteria list is available from our website and shows the different options of each campus.

You will find a brochure in your “Welcome” pack.

They are open during the academic year from 11:30 a.m. to 1:30 p.m. (refer to the website for vacation period times). <http://www.crous-orleans-tours.fr/restauration/carte-des-restaurants/tours/>

- In the town center, you will find bakeries or small shops selling sandwiches and beverages, pastries.

To shop in supermarkets, don’t forget to take a shopping bag or basket, as shops do not provide plastic bags to take away your groceries. The International Relations Office will provide you with one when you arrive.

Shops located in the centertown are open from 10:00 a.m to 7:00 p.m (closed on Sundays and Monday mornings) whereas suburban shops are open until 9:00 p.m (from Mondays to Saturdays).

You can pay by check, bank card or in cash, and most shops now have regular customer’s cards which entitle you to discounts on your purchases or to get points that you can exchange for discounts also or gifts later on.

These cards are free, but BEWARE, they are NOT credit cards like the ones offered by some supermarkets.

There are different types of shops :

- **superettes** which are small grocery stores that remain open until late in the evening. Products usually cost more in those shops than in supermarkets.
 - **mid-sized stores** : they usually belong to a big chain store (Géant, Carrefour, Auchan). Opening hours are 9-10:00 in the morning to 7-8:00 in the evening.
 - **Hypermarkets, supermarkets** : they are usually located in malls (Petite Arche, La Riche Soleil, Les Atlantes, Chambray) where you’ll find shops of all kinds (shoe stores, sportswear stores, cafeterias, costume jewelry, gadgets) that sell any item you may need (food, clothes, shoes, stationery, small furniture, decoration, household goods, computer/hi-fi, personal hygiene products, and so on). These malls are located in the suburbs of the town, but buses can take you to them (website of the Tours bus service : www.fibleu.fr).
- They keep longer hours and some stay open until 9:00 – 10:00 p.m.

STORES

As mentioned previously, you’ll find most of the things you need in hypermarkets or malls.

Here are a few things you may need that these stores sell.

Hypermarkets such as Carrefour, Auchan or Leclerc : continental quilts, pillows, sheets, bath towels, cosmetics, alarm clock, coffee maker, kettle, backpacks/traveling bags, kitchenware, stationery, computer equipment, small pieces of furniture (desk, chair, shelves, bookshelves), cleaning gear, tableware, food...

Decathlon, Go Sport, Intersport : that’s where you’ll find anything related to sports, from clothes and shoes to camping gear, nutritional complements, hiking maps of the area or France, roller-skates or else bicycles.

Discount stores : these are stores that offer low prices on everyday products. There are several of them, such as food discount stores (Aldi, Lidl), or general discount stores that sell various things depending on stocks (Palaf and Multimium rue des Halles, Mille Affaires in the shopping arcade “l’Orangerie” place Jean Jaurès, Stokomani in Tours Nord).

Ikea, Conforama, Fly, But, Casa, Maisons du monde, Hema : sell furniture, interior decoration items and crockery.

Boulangier, Fnac, Darty : sell household, computer, hi-fi and video equipment.

The main shopping streets in the town center are **rue Nationale, rue des Halles, rue de Bordeaux** and also **rue Colbert** (many restaurants and bicycle, tea, fair trade shops) and **rue du Commerce** (working clothes, video games, postcards, T-shirts, comic books).



MEANS OF COMMUNICATION

CELL PHONES

Keeping your phone subscription can be very expensive. Therefore, we advise you (if you don't have portability) to buy a prepaid SIM card and then, either refill it when you need credit or make another subscription with no engagement).

It will enable you to have a French phone number and, to spend less than if you had kept your phone subscription.

The main phone companies are Orange, SFR, and Bouygues Telecom, but there are also other companies not so well known, such as Virgin Mobile, Simpleo, M6 Mobile, Universal Mobile or Coriolis.

These cards (5 to 50€ worth in calls) can be bought from the shops of the 3 main companies and newsstands, as well as from the post offices.

INTERNET

According to your type of accommodation, you do not all have the same possibilities to access the Internet.

People living in **university residence halls** have computer rooms, but there aren't many computers. Wi-Fi is available in all university residence halls. Depending on your needs, subscription rates vary.

Please ask the welcome desk staff at the residence hall for more information.

People renting an **apartment from a private individual** can have a phone line through an internet provider (called "fournisseur d'accès à internet" or FAI in French). Most suppliers offer monthly all-inclusive prices with unlimited connection, unlimited ground line calls in France (except for special numbers) and in many countries in Europe and in the world (EU, USA, Canada, ... but make sure that the country you want is included in that offer) and cable or satellite TV channels. This costs roughly between 20 and 40€ a month and the different FAI are Orange (often a bit more expensive than the others), Free, SFR, Neuf Telecom, Bouygues Telecom, Numericable.

Check the time period to which you commit yourself and cancellation fees when you leave France at the end of your stay..

And finally the most economical option will always be to take advantage of the various computer rooms that the university and the "Région Centre" put at your disposal throughout campuses. They are all equipped with computers connected to the Internet and you will be able to check your ENT ("environnement numérique de travail) and your emails, to know about your schedule for instance (punctual changes may occur and you need to check that as often as you can), or else the status of your registration with sports clubs or your reader's file at the library (when is the book you borrowed due ? ; make an online reservation for a book to pick it up later on, and so on). You can also print documents from your workstation on one of the copiers, using your student's Atout'Centre.

In addition to this, at the International Relations Office, you can use the two computers at your disposal during office hours (9:00a.m.- 12:15 p.m. and 1:30 to 5:15 p.m.).

POST OFFICE



French postal services (La Poste) are recognizable by their yellow color.

You have no doubt seen a yellow letter box while strolling the streets or else a post office with its yellow and blue sign.

You can buy stamps, send mail and packages in France or to foreign countries, but also exchange money, make photocopies, send faxes.

La Poste also offer banking services with the name "La Banque Postale".

The post office boulevard Béranger is open Monday through Friday from 9:00 a.m. to 6:30 p.m. and on Saturdays from 9:00 a.m to 1:00 p.m.



MEANS OF TRANSPORT

Watch your bags at all times when you arrive in France or during the trips you will take : as a security measure, France has implemented the Vigipirate Plan (against bombs and suspicious parcels). This plan consists in paying closer attention to suspicious bags. You therefore need to label your luggage (which may also help authorities to find you if your things are stolen or lost). Write your first and last names, address in capital letters. Do not leave your bags unattended at any time in the airport halls or in the train station. They could then be considered a threat and security services could blow them up as a security measure.

- **To move around Tours**, you can take Fil Bleu **town buses** (www.filbleu.fr) which run throughout the town and its suburbs. Buses operate from 6-7:00 a.m. to approx.1:00 a.m.

A single ticket can be used on all routes. It costs 1.60 € (+ 0.10€ to create the reusable contactless ticket, in 2018/2019) and is valid for one hour. You have to purchase it on the bus. You can also purchase a book of 10 tickets ((14€ +0,10€ to create the contactless ticket in 2018/2019))and/or a day pass (4.10€ +0,10€ to create the contactless ticket).

A monthly student pass (pass Etudiant) costs 27.60 € per month (+ 2 € for the pass in 2018-2019). In addition to this, a monthly pass gets you some discounts and student rates at Fil Bleu partners in Tours : at Mc Donald's, movie theaters CGR, bank Société Générale, Auchan, Ikxiss coiffure, Cultura, Burger King, Bowl Center Tours, Marionnaud, Go Sport, etc...

Regarding the **tramway**, the ticket is the same as the bus ticket. The tramway runs 7 days/7, from 5 a.m to 00:30 p.m. There is one tramway line on the North-South axis. Don't forget to validate your ticket when getting on the tramway. Tickets can be purchased at the ticket machines on platforms. You have to validate your bus ticket everytime you step on a different bus or tram. If you don't validate it, you will have to pay a fine!

You can also **rent a bicycle** from Fil Bleu (this service is called Vélociti) for only 3 €/ month (subscribers) or 5€ / month (non subscribers).

You can rent it 3 to 12 months a year and this is cheaper than to buy one yourself. You then have your own ride, but you'll have to leave a deposit. (200€ not cashed, by check only)

Contacts : Espace Fil Bleu, 9 rue Michelet., or dial 02.47.66.70.70 or

<https://www.filbleu.fr/en/2-non-categorise/259-velociti-comment-ca-marche>

There is also a company called Indigo Weel in Tours. They offer self-service bikes you can only book via your smartphone with an app. It costs 0.50€ for 30 minutes, 5€ for a day, 59€ for 6 months and 79€ for a year. More information here : www.indigoweel.com

- If you want to **rent a car** : Citiz Tours makes available several types of cars at strategic locations in Tours. Cars just need to be booked up to 5 minutes before your ride. Using such self-service cars is a good way to visit touristic areas, or carry bulky stuff. Note that this service is more affordable than a classic car hire. Many different subscription options are possible (per year, per month, per day, per hour).

You can make a rate simulation and find more information on: <http://tours.citiz.coop>



- **To move outside Tours**, you have several options.

By train : The SNCF (Société Nationale des Chemins de Fer) offers special rates for people under the age of 27. You can purchase a 12-27 card to get 30% discount on fares depending on the time periods you're traveling. It costs about 50€ and is valid for one year. It also entitles you to car rental discounts at SNCF partners (Avis) and also for your luggages transport (Mes Bagages).

If you do not want to buy the card, the SNCF website (www.oui.sncf) offers specials called "découvertes 12-27".

On that website, there are also "Prem's"(comes from "premier", first in French) tickets, very cheap tickets available for many destinations in France and in Europe, providing you book three months usually in advance. As mentioned in its name, the first to go on the website is the first served and can book according to availability (the number of available seats is shown in real time online).

For your information : it takes 55 minutes to go to Paris, 2 hours to go to Nantes, 2,5/3 hours to go to Bordeaux.

- **by bus** : you can also use the extensive bus service that runs outside the town. Remi buses (www.remi-centrevalde Loire.fr) will take you within the "département", and Eurolines (www.eurolines.fr), Ouibus (www.uk.ouibus.com) et Flixbus (www.flixbus.co.uk) have routes that operate all over Europe at very attractive prices.

- **By plane** : the town of Tours has an airport (Tours-Val de Loire Airport : www.tours.aeroport.fr) which operates to different cities in France and Europe : Figari, London, Dublin, Marrakech, Porto, Marseille, Ajaccio...

It is also very easy to take the TGV which will take you directly to Roissy- Charles de Gaulle Airport, and from there, the world is yours !

All you need to do is book your tickets in a travel agency or on a website.

- **By carpooling** : you can also share your car or somebody's car with other people by getting registered on : <http://blablacar.fr>
Carpooling rates are usually much cheaper than travelling by train.

COST OF LIVING

Here are a few examples of prices of everyday goods to give you an idea of the cost of living in Tours :

A **baguette** (bread) 0.80 € (in a supermarket) 1€ (in a bakery)

A **sandwich** in town from 4 €

A **can of soda** 1€, a bit more in a café or in a sidewalk café

A **cup of coffee** 1.50 €

A **bus ticket** (valid for one hour) 1.60 €

A **monthly bus pass** with student rate 28 €

A **movie theatre ticket** In major theaters (CGR Tours Centre et Deux Lions) : 9.90€ (full price), 7,20€ (with your student card), 6,50€ (with the PCE cultural passport)
Cinéma Studio (rue des Ursulines) : 7,20€ (students 18-26 years for non subscribers), 4.10€ (students with the PCE cultural passport),

A **stamp** 0.88 € (for metropolitan France) 1.30 € (for the EU and Switzerland) and 1.30 € (for the rest of the world)

Museum entrance fee from 6 to 10 €

Swimming pool entrance fee 5,40€ or 4,15€ with your student card (at the Piscine du Lac for instance)

A **Theater ticket** Théâtre Olympia : 22€ (full price), 8€ (with the PCE cultural passport) and 10€ (with your student card)

An **Opera ticket** from 16,50€ (full price), from 14€ (- 28 years and with the PCE cultural passport) and 7€ (last minute for people under the age of 28)

A **meal in a restaurant** 15-20 € for a full meal (starter, main dish and cheese or dessert).

As for a typical monthly budget, you should anticipate to spend at least 700-800€ on average, which includes rent and cost of transport, food, outings and leisure activities, as well as upkeep costs.

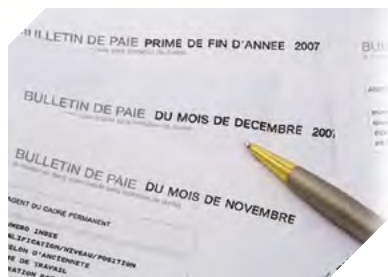
Calculate your budget

www.lafinancepourtours.com/calculateurs/budget-simplifie.html

Need some help to manage your budget?

You can make an appointment with the social worker at the University (contact p. 45) if you need advice on managing your budget.





WORKING IN FRANCE

Foreign labor regulations in France is very strict and so are student jobs.

Students from the European Economic Area (EEA) and Switzerland, (except for Bulgarian and Romanian students), can hold a job during their studies in France without any specific requirements.

They do not have to get a residence permit or work permit.

Students from countries outside the European Union

A foreign student can be hired simply by showing his/her temporary residence permit marked "Student" or by showing a receipt for its renewal (without having to request a work authorization).

Hiring a foreign student can only be done once the employer has filled out a form for the Préfecture that issued the student's residence permit or, if the foreigner has a long-stay student visa, for the Préfecture of the place where he/she resides. This must be done by the employer at least two workdays prior to the hiring date. A copy of the residence permit or long-stay student visa should be attached to this form. It should also specify the type of job, the duration of the contract, the yearly number of hours worked, the foreseen date of hiring.

As studies are seen as a priority, the yearly number of hours worked cannot exceed 964 hours (which means 60% of the legal duration of work per year) or 482h if you stay for one semester only. Otherwise, the Préfecture will withdraw the temporary residence permit.

For further information :

<http://vosdroits.service-public.fr/particuliers/F2713.xhtml>

PREPARE YOUR DEPARTURE

"Not to forget" checklist before leaving Tours !

SUBSCRIPTIONS / BANK ACCOUNT

- End all your subscriptions (internet, electricity, etc.). Ask if you need to send a letter with acknowledgement of receipt or if you can terminate the subscription in another way
- Close your bank account if you have opened one. Ask how you should proceed. Template of subscription termination and closing of bank account available on Studapart's website : www.studapart.com/fr/aide-et-conseils/documents-utiles/modeles-de-lettres#paragraph-313

HOUSING

- Private : send a letter of departure with acknowledgement of receipt. There is a one month notice which means you need to send the letter at least one month before you leave.
- University residence hall : you will also have to write a letter of departure but you can handle it to the residence hall administration staff one month before your departure.
Template of letter of departure (source : Studapart) : www.studapart.com/fr/aide-et-conseils/documents-utiles/modeles-de-lettres#paragraph-313
- Make an appointment for the report on the state of the rental (more information on this link : www.studapart.com/fr/aide-et-conseils/quitte-son-logement/etat-des-lieux-de-sortie#paragraph-226)

UNIVERSITY

- European students : if your university asks, you will need Marianne Bigot or Frédéric Soreau to sign your certificate of departure. Your home university will provide you with this document.



30.000 STUDENTS

140.000 INHABITANTS



3200 INTERNATIONAL STUDENTS

- › standing for 130 nationalities
- › including 500 exchange students



Located in the heart of the Loire Valley, capital of the Touraine area, where the River Loire - listed as UNESCO world heritage - flows

PARIS

1 hour from Paris
by high speed train

TOURS



36 RESEARCH LABS

- › Life & Health Sciences
- › Sciences & Technology
- › Human & Social Sciences



7 FACULTIES

- › Literature & Languages
- › Arts & Humanities
- › Law, Economics & Social Sciences
- › Sciences & Technology
- › Pharmaceutical Sciences
- › Medicine
- › Centre for Renaissance Studies
- › 1 Engineering School
- › 2 Institutes of Technology



Surrounded by some of the most important castles of the French history : Chambord, Chenonceau, Amboise...

A city famous for its gastronomy, its wines and its 'art de vivre'



univ université
de **TOURS**

international.univ-tours.fr

Direction des Relations Internationales
60 rue du Plat d'Etain - BP 12050
37020 TOURS Cedex 1 - France

(+33) 02.47.36.67.04
international@univ-tours.fr

University of Tours : AT A GLANCE



Creation of the University of Tours in 1970
(initially named after François Rabelais)

Located 1 hour from Paris

by high-speed train

in the heart of the Loire Valley



140.000 inhabitants

Dynamic human-sized city

28.000 students



3200 international students

standing for 130 nationalities
including 500 exchange students



330 Erasmus agreements

in 29 European countries , with 200 partners

More than 160 agreements out of Europe



1200 teaching & research staff

1300 technical & administrative staff

7 Faculties

Literature & Languages

Arts & Humanities

Law, Economics & Social Sciences

Sciences & Technology

Pharmaceutical Sciences

Medicine

Centre for Renaissance Studies



1 Engineering School

2 Institutes of Technology (IUT)



36 research laboratories

Life & Health Sciences

Sciences & Technology

Human & Social Sciences

VOCATIONAL BACHELOR'S DEGREES

SCIENCE & TECHNOLOGY

Materials Quality Analysis

Engineering & Materials integrity

Autism

Bioindustries et biotechnologies

Control & Analysis of biomedicines and biocosmetics

Analytical & Experimental Biology

Human & Animal Health

Environment process engineering

Waste management & circular economy

Agri-food industries : management, production & development

Sensorial Analysis methods and techniques

Pharmaceutical, Cosmetics & Health industries : management, production & development

Formulation & Quality control of cosmetics

Energy, Electricity & Sustainable development Management

Sustainable energy & Electrical energy Management

Electronics : Cards & Electronic Assembly

Design, engineering & execution of digital and analog electronics

Industrial production Management

Industrial production Efficiency

Systems & Networks Administration and Security

Quality & Security of Information systems

Careers in Forest natural resources

Forests, management & preservation of water resources

Digital careers : design, web content & execution

UX2i (User Experience Integration Interface)

Optics

Eyecare Careers : sight measurement, contact lens services, low vision

Livestock productions

Development & valuation of animal products

Networking Automated Systems & Industrial Computing

LEARNING FRENCH University Center of French as a Foreign Language



The University of Tours has its own Center for Teaching French to International Students (CUEFEE).

Its mission is to support international students as they learn French language, French culture and pursue their studies in Tours.

Three principal aspects are emphasized : the study of the language, an understanding of the culture and French for university studies.

The CUEFEE welcomes the entire international learning community : exchange students, individual students, PhD candidates and researchers...

Examples of courses proposed at the CUEFEE :

> General language classes:

- Oral language
- Written language
- Linguistic reinforcement

> Cultural classes and cultural options :

- Practical life and culture • Theater Workshop • Current Events
- History of Tours • Culture and society • Initiation to literature
- Castles and landscapes of the Loire Valley
- French society through film and song

> French for university studies :

- University methodology
- Written expression at the university
- Preparation for the TCF DAP

COURSE OFFER 2019 Academic Year



**Diplomas from Institutes of Technology
Bachelor's Degrees
Vocational Bachelor's Degrees
Health Studies**

BACHELOR'S DEGREES

ARTS, HUMANITIES, LANGUAGES

Applied Foreign Languages

English/ German
English/ Spanish
English/ Italian
English/ Chinese

Law/Languages

English/ German
English/Spanish
English/ Italian

Foreign Languages, Literatures & Civilizations

English
Spanish
English/French as a Foreign Language

Literature

Language Sciences

HUMAN & SOCIAL SCIENCES

Art History

Geography & Urban planning

History

History
Archeology

Musicology

Musicians Performers
Music & Musicology
Jazz & Modern Music

Philosophy

Psychology

Sociology

Double Bachelor's degree History / Sociology

LAW, ECONOMICS, MANAGEMENT

Law

Private Law
Public Law
Law & Political Sciences
French Law & German Law (*combined program of the Universities of Tours and Bochum*)

Law/Languages

English/ German
English/Spanish
English/ Italian

Economics

Business economy
International economy

Management

Management Sciences
International management
Business experience
Social & Healthcare management (*with the Faculty of Medicine*)

SCIENCES, TECHNOLOGY, HEALTH

Chemistry

Information Technology

Mathematics

Physics

Earth & Environmental Sciences

Life Sciences

Health Biology
International
Biodiversity Ecology /Evolution

Common First Year of Health Studies (PACES)

The first year of common courses and options prepares students for the competitive exam required for the following disciplines : Medicine, Dentistry, Midwifery, Pharmacy, Physical Therapy.

DIPLOMAS FROM INSTITUTES OF TECHNOLOGY

INSTITUTE OF TECHNOLOGY - TOURS

Social Careers

Social & sociocultural management

Management of business & administrations

Management of business & administrations
Accounting & Financial management
Human resources management

Biological Engineering

Biological & Biochemical Analyses
Dietetics
Environment science

Electrical Engineering & and industrial IT

Information & Communication

Public Relations
Digital Information

Techniques of Commercialization

Techniques of Commercialization, agrifood specialization

INSTITUTE OF TECHNOLOGY - BLOIS

Physical Metrology

Internet & Multimedia

Networks & Telecommunications

Science & Materials Engineering

VOCATIONAL BACHELOR'S DEGREES

HUMAN & SOCIAL SCIENCES

Management of educational projects

Scientific mediation & environment education

Social intervention : support to special needs groups

Intervention techniques & Psychosocial animation towards vulnerable groups

Public Relations Officer

Corporate communication in institutions

Monitoring & Management of information resources

Data & information

LAW, ECONOMICS, MANAGEMENT

Insurance, Bank, Finance : client service manager

Marketing of food products

Wine marketing

E-commerce & digital marketing

Human Resources Management : training, skills & job

Skills Development & professional training

Management & Accounting

Management Control

Management of hotels & restaurants

Management of specialty theme restaurants

Technical sales representative

Management control & organizational audit

Health Law

Business Law

Company Law
Labor Law

Environment & Urban planning Law

Environment , Territories, Landscape
Management of Territories & Urban planning
Research in Environment & Urban planning

Property Law

Real Estate Law : building promotion & management
Property engineering

European Law

European legal expert
Law/ Languages
French/ German Law

International Law

International Business Law
Biotechnologies & Law

Public Law

Law & public local management
Public law legal expert

Business & Market Economics

International Economics

Finance

Banking client service manager
Back office, risks & conformity

Human resources management

Human resources management & business strategy
Working life quality

Justice, trials & proceedings

Management Training

SME Management and entrepreneurship

Business administration & management

Advanced training in management
Quality & Projects management
Research & Management consulting

Marketing & Sales

Service Marketing & customer experience
Service Marketing & Digital

ENGINEERING DEGREES

Computer Science
Industrial Computing
Environment & Urban and Territorial Planning
Electronics and Electrical Energy Systems
Mechanics and Systems Design



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Sciences & Technology
Pharmaceutical Sciences
Medicine
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1 Engineering School

2 Institutes of Technology (IUT)

COURSE OFFER 2019 Academic Year



**Master's Degrees
Engineering Degrees**

SCIENCE - TECHNOLOGY - HEALTH

Biodiversity, Ecology & Evolution

Plants & Society : sustainable culture, landscape & phytovalorization
Evolutionary & Behavioral Ecology

Biology & Agricultural Sciences

Quality & Sustainability in Animal Production
Sense & Innovation in Agrifood

Biology & Health

Biology of Reproduction
Cognition, Neurosciences & Psychology
Biomedical Imaging
Physiopathologies
Quality & risk management in health

Chemistry & Materials Sciences

Materials for New energy technologies

Information Technology

Information Technology for Decision Making
Complementary skills in IT

Mathematics

Mechanical Engineering

Applied & Fundamental Physics

Fundamental Physics : non-linear models
Electronics, electric energy , automatic

Public Health

Prevention & health Promotion
Economics & Management of social and health organizations

Water Sciences

Hydrosystems & Watersheds

Life Sciences

Cellular & Molecular Infectology
Immunity & Biomedicine
Bioproduction management
Biotechnologies & Law
Therapeutic antibodies

Classes of 'Additional skills in IT' available for any field of study (except Information Technology, Mathematics, Mecanics, Public Health).

HUMAN & SOCIAL SCIENCES

Geography, urban planning, environment & development

Environment, Territories, Landscapes
Territories management & urban planning
Research in environment & urban planning

History

Cities , economies & societies
History & European cultures

History, Civilizations, Heritage

Cultures & heritage of the Renaissance
Cultures & heritage of Food
Careers in archeology & digital archeology
Careers in heritage sciences

Art History

Careers of research , preservation & mediation
Italian studies & Art history

Digital Humanities

Data intelligence in culture & heritage
Digitisation in culture & heritage

Musicology

Music & human sciences
Music : research & artistic training

Philosophy

Humanities & Politics

Psychology

Cognition, Neurosciences & Psychology
Gerontological Psychology : Standard & Pathological
Child & Adolescent Psychology: socialization , education & handicap
Psychopathology & Clinical Psychology
Psychology of Work & Organizations

Sciences of Education & Training

Strategies & Engineering for training adults
Engineering & training support positions
Socio clinical intervention, cooperation & mediation

Sociology

Careers in sociology & anthropology research
Careers in social & territorial intervention

Urban planning & sustainability

ARTS - HUMANITIES - LANGUAGES

Arts, Literature & Civilizations

Culture & mediation in performing arts
French Literature

Language Teaching : French as a foreign or second language

Appropriation, diversity and insertion
Pluralities, intercultural, linguistic policies
French speaking worlds, intercultural, languages, didactics & sociolinguistics
Sociolinguistics, didactics of languages & quality

Journalism (*Institute of Technology - Tours*)

Languages & Societies

Cultural Studies

Applied Foreign Languages

Languages & International Business

Foreign Languages , Literatures & Civilizations

Italian studies & Art History

Language Sciences

Advanced linguistics & languages description
(Un) common acquisition & formal linguistics

TEACHING TRAINING

Master's Degree Teaching & Education Careers - High School grade

English / Spanish / Literature / History - Geography /
Mathematics / Physics-Chemistry / Music & musicology